
Read Online Relationships Intimate Of Science New The

When people should go to the ebook stores, search opening by shop, shelf by shelf, it is essentially problematic. This is why we allow the ebook compilations in this website. It will no question ease you to see guide **Relationships Intimate Of Science New The** as you such as.

By searching the title, publisher, or authors of guide you essentially want, you can discover them rapidly. In the house, workplace, or perhaps in your method can be all best area within net connections. If you strive for to download and install the Relationships Intimate Of Science New The, it is totally simple then, back currently we extend the belong to to purchase and make bargains to download and install Relationships Intimate Of Science New The appropriately simple!

KEY=NEW - MARCO HICKS

The Science of Intimate Relationships

John Wiley & Sons Provides a unique interdisciplinary approach to the science of intimate human relationships This newly updated edition of a popular text is the first to present a full-blooded interdisciplinary and theoretically coherent approach to the latest scientific findings relating to human sexual relationships. Written by recognized leaders in the field in a style that is rigorous yet accessible, it looks beyond the core knowledge in social and evolutionary psychology to incorporate material and perspectives from cognitive science (including brain-imaging studies), developmental psychology, anthropology, comparative psychology, clinical psychology, genetic research, sociology, and biology. Written by an international team of acclaimed experts in the field, *The Science of Intimate Relationships* offers a wealth of thought-provoking ideas and insights into the science behind the initiation, maintenance, and termination of romantic relationships. The 2nd Edition features two new chapters on health and relationships, and friends and family, both of which shed new light on the complex links among human nature, culture, and romantic love. It covers key topics such as mate selection, attachment theory, love, communication, sex, relationship dissolution, violence, mind-reading, and the relationship brain. Provides a coherent and theoretically integrative approach to the subject of intimate relationships Offers an interdisciplinary perspective that looks beyond social and evolutionary psychology to many other scientific fields of study Includes two new chapters on 'Relationships and Health' and 'Friends and Family', added in response to feedback from professors who have used the textbook with their classes Presented by recognized leaders in the field of relationships Features PowerPoint slides and an online Teaching Handbook *The Science of Intimate Relationships*, 2nd Edition is designed for upper-level undergraduate students of human sexuality, psychology, anthropology, and other related fields.

The New Science of Intimate Relationships

John Wiley & Sons Written by one of the world's leading authorities on close relationships, this accessible study is one of the first to look seriously at what science can tell us about love, sex and friendship.

Love Sense

The Revolutionary New Science of Romantic Relationships

Little, Brown Spark The bestselling author of *Hold Me Tight* presents a revolutionary new understanding of why and how we love, based on cutting-edge research. Every day, we hear of relationships failing and questions of whether humans are meant to be monogamous. *Love Sense* presents new scientific evidence that tells us that humans are meant to mate for life. Dr. Johnson explains that romantic love is an attachment bond, just like that between mother and child, and shows us how to develop our "love sense" -- our ability to develop long-lasting relationships. Love is not the least bit illogical or random, but actually an ordered and wise recipe for survival. *Love Sense* covers the three stages of a relationship and how to best weather them: the intelligence of emotions and the logic of love; the physical and psychological benefits of secure love; and much more. Based on groundbreaking research, *Love Sense* will change the way we think about love.

Time and Intimacy

A New Science of Personal Relationships

Routledge 6 Temporal Context in Love and Science: The Weave of Temporal Sensitivity (Model 5); Time and Temporality; From Context to Temporal Context; Lovers and Scientists: Knowledge for Them Both; The Appreciation of Process and Sequence; Temporal Context in the Social Sciences; Communication and Temporal Context; Research Notes: Behavioral and Sequential Analysis of Intimate Communication; Sociology and Temporal Context; Research Notes: Demographics on Relationship Transitions; Other Temporal Contexts of Intimacy; Conclusion.

Intimate Relationships

SAGE Publications Recipient of the 2021 Most Promising New Textbook Award from the Textbook & Academic Authors Association (TAA) *Intimate Relationships* provides students with a comprehensive understanding of the science behind relationships using a modern approach. Award-winning teacher and author Wind Goodfriend integrates coverage of family and friendship relationships in context with research methods, open science, theories, and romantic relationships so that readers can learn about all types of relationships and their interactions, including conflict and the dark side of relationships. The text supports today's students by frequently applying relationship theories to examples that can be found in popular culture, helping students see how psychology can apply to the world that surrounds them. Included with this title: The password-protected Instructor Resource Site (formally known as SAGE Edge) offers access to all text-specific resources, including a test bank and editable, chapter-specific PowerPoint® slides. Learn more.

Unfuck Your Intimacy

Using Science for Better Relationships, Sex, and Dating

Microcosm Publishing Explore your relationships and sexuality, with yourself and with others, with this new book by Dr. Faith, author of bestselling *Unfuck Your Brain*. Written particularly for people who are in intimate relationships, but also incredibly useful if you're single or dating and trying to unpack your past or plan for your future. With science and humor, Dr. Faith demystifies topics such as kink, consent, shame, and trauma recovery. Contains many exercises and questions to think, talk, or write about, on your own or with a partner. Read this book to learn vital life skills like listening to your body and your gut, setting boundaries, and communicating your needs. If you're looking to heal from past wounds, make better choices, or improve an existing relationship, this book is for you. Better sex and relationships are totally possible! You've got this. This book speaks to so many of the possible ways of being intimate with yourself and others. Whether you're queer, straight, trans, ace, demi, aro, are dealing with past abuse or societal bullshit, or have no freaking clue what's going on with you yet, Dr. Faith's got you covered.

The Love Secret

The revolutionary new science of romantic relationships

Hachette UK We are in danger of being swept away on a tide of pessimism about love and relationships. Endless cynical stories of affairs by politicians, athletes and celebrities fill the media. The dominant message is that creating a rewarding and enduring romantic relationship is impossible. In *The Love Secret* Dr Sue Johnson draws on the very latest scientific studies on attachment theory, including her own research, to show that this just isn't the case. The Big News is that we are naturally monogamous, bonding animals. A lasting, loving relationship is completely within our reach. In *The Love Secret* you will discover how the brain works when you are in a stable, caring relationship and how you can use this groundbreaking knowledge to achieve such positive results in your own life.

Attached

The New Science of Adult Attachment and How It Can Help You Find--and Keep-- Love

Penguin "Over a decade after its publication, one book on dating has people firmly in its grip." —*The New York Times* We already rely on science to tell us what to eat, when to exercise, and how long to sleep. Why not use science to help us improve our relationships? In this revolutionary book, psychiatrist and neuroscientist Dr. Amir Levine and Rachel Heller scientifically explain why why some people seem to navigate relationships effortlessly, while others struggle. Discover how an understanding of adult attachment—the most advanced relationship science in existence today—can help us find and sustain love. Pioneered by psychologist John Bowlby in the 1950s, the field of attachment posits that each of us behaves in relationships in one of three distinct ways: • Anxious people are often preoccupied with their relationships and tend to worry about their partner's ability to love them back • Avoidant people equate intimacy with a loss of independence and constantly try to minimize closeness. • Secure people feel comfortable with intimacy and are usually warm and loving. Attached guides readers in determining what attachment style they and their mate (or potential mate) follow, offering a road map for building stronger, more fulfilling connections with the people they love.

The Love Secret

The Revolutionary New Science of Romantic Relationships

Piatkus Books We are in danger of being swept away on a tide of pessimism about love and relationships. Endless cynical stories of affairs by politicians, athletes and celebrities fill the media. The dominant message is that creating a rewarding and enduring romantic relationship is impossible. In *The Love Secret* Dr Sue Johnson draws on the very latest scientific studies on attachment theory, including her own research, to show that this just isn't the case. The Big News is that we are naturally monogamous, bonding animals. A lasting, loving relationship is completely within our reach. In *The Love Secret* you will discover how the brain works when you are in a stable, caring relationship and how you can use this groundbreaking knowledge to achieve such positive results in your own life.

Great Myths of Intimate Relationships

Dating, Sex, and Marriage

John Wiley & Sons *Great Myths of Intimate Relationships* provides a captivating, pithy introduction to the subject that challenges and demystifies the many fabrications and stereotypes surrounding relationships, attraction, sex, love, internet dating, and heartbreak. The book thoroughly interrogates the current research on topics such as attraction, sex, love, internet dating, and heartbreak. Takes an argument driven approach to the study of intimate relationships, encouraging critical engagement with the subject. Part of *The Great Myths* series, it's written in a style that is compelling and succinct, making it ideal for general readers and undergraduates.

Emotional Intelligence in Couples Therapy

Advances from Neurobiology and the Science of Intimate Relationships

W W Norton & Company Incorporated Over the past thirty years, groundbreaking studies on the relationships of couples have identified precisely what intimate partners must do in order to have successful partnerships.

Together, Closer

The Art and Science of Intimacy in Friendship, Love, and Family

Penguin "Frazzetto uses psychology, neurology and biological information to explore the ways in which intimacy manifests in different types of relationships. He recounts the stories of eight relationships. . . Each story puts intimacy and how we experience it on display." —Concepción De León, *The New York Times* "Together, Closer examines the way humans relate to each other across a spectrum of relationships from parent-child to platonic friendships and, of course, romantic love." —*The Guardian* "An ambitious project . . . Giovanni Frazzetto marries science with art, the most recent discoveries of neuroscience with human stories about intimacy. . . . A clear love of art and science shines from the book." —*The Irish Times* For readers of Oliver Sacks and Stephen Grosz, a wondrous, deeply felt book that explores intimacy through the stories of eight relationships, from the author of *Joy, Guilt, Anger, Love*. The bonds we are capable of feeling toward other people—how we know and belong to one another—provide fascinating glimpses into the intricacies of human behavior. Intimacy is that moment when our true identity is revealed to another, when traumas, fears, and ambitions are shared. Through the ordinary stories of eight relationships, Giovanni Frazzetto has woven an extraordinary narrative of togetherness. He shares the details of romantic partners trapped in a long cycle of attraction and rejection, a single woman who finds herself deep in a fictional relationship with a boyfriend she has invented out of frustration with her love life, and a couple absorbed in a years-long clandestine affair. But intimacy can also extend beyond romantic encounters: coping with the loss of a loved one, dealing with overbearing or emotionally distant parents, or celebrating the joys and comforts of our dearest friends. In *Together, Closer*, Frazzetto unravels the components of intimacy in all of these relationships, illuminating the mysteries, challenges, and pleasures of intimacy through a brilliant mix of storytelling and science.

Why We Love

The Nature and Chemistry of Romantic Love

Macmillan A revolutionary new study of the origins of love based on physiological research probes the human brain for insights into the origins of the sex drive, romance, and attraction, while also offering practical advice on how to control and channel these desires into healthy pursuits. Reprint. 60,000 first printing.

Intimate Relationships

Issues, Theories, and Research, Second Edition

Psychology Press *Intimate Relationships* covers both classic and current material in a concise yet thorough and rigorous manner. Chapters range from attraction to love, attachment to jealousy, conflict to relationship dissolution — all written in a warm, personal, and engaging voice. Each chapter is organized around the major issues and relevant theories, in addition to a critical evaluation about the research. When appropriate, the authors discuss and evaluate popular ideas about relationship processes in the context of scientific research. This includes critical evaluations of evolutionary approaches to attraction, victim-based accounts of abuse, and the separate-cultures view of the sexes.

Social Intelligence

The New Science of Human Relationships

Bantam Emotional Intelligence was an international phenomenon, appearing on the *New York Times* bestseller list for over a year and selling more than five million copies worldwide. Now, once again, Daniel Goleman has written a groundbreaking synthesis of the latest findings in biology and brain science, revealing that we are "wired to connect" and the surprisingly deep impact of our relationships on every aspect of our lives. Far more than we are consciously aware, our daily encounters with parents, spouses, bosses, and even strangers shape our brains and affect cells throughout our bodies—down to the level of our genes—for good or ill. In *Social Intelligence*, Daniel Goleman explores an emerging new science with startling implications for our interpersonal world. Its most fundamental discovery: we are designed for sociability, constantly engaged in a "neural ballet" that connects us brain to brain with those around us. Our reactions to others, and theirs to us, have a far-reaching biological impact, sending out cascades of hormones that regulate everything from our hearts to our immune systems, making good relationships act like vitamins—and bad relationships like poisons. We can "catch" other people's emotions the way we catch a cold, and the consequences of isolation or relentless social stress can be life-shortening. Goleman explains the surprising accuracy of first impressions, the basis of charisma and emotional power, the complexity of sexual attraction, and how we detect lies. He describes the "dark side" of social intelligence, from narcissism to Machiavellianism and psychopathy. He also reveals our astonishing capacity for "mindsight," as well as the tragedy of those, like autistic children, whose mindsight is impaired. Is there a way to raise our children to be happy? What is the basis of a nourishing marriage? How can business leaders and teachers inspire the best in those they lead and teach? How can groups divided by prejudice and hatred come to live together in peace? The answers to these questions may not be as elusive as we once thought. And Goleman delivers his most heartening news with powerful conviction: we humans have a built-in bias toward empathy, cooperation, and altruism—provided we develop the social intelligence to nurture these capacities in ourselves and others.

Need Management Therapy (Nmt)

A New Science of Love, Intimacy, and Relationships

Archway Publishing Divorce, separation, and couple breakups are on the rise in the United States of America, with about 48 percent of couples breaking up within nine years of starting a committed relationship. Only a minority of distressed couples ever seek couple counseling—and those that stay together do not necessarily enjoy healthy relationships. Just as sadly, marriage counselors divorce at or about the national average. The *Need Management Therapy* model asserts that positive change is possible and even likely. The authors offer a treatment package both for the professional in practice and a self-help guide for the non-professional. We have successfully treated hundreds of couple-clients using the NMT model. We are now conducting a randomized pretest posttest two group design investigating several crucial NMT hypothesis (pending). Preliminary data suggest that significant and meaningful change may be achieved in just a few sessions. When the NMT model is applied, couples report not fighting as much—and sometimes, fighting stops altogether. Communication improves dramatically. If you're passionate about making your relationship work, you'll find a new science of love, intimacy, and relationships in *Need Management Therapy*.

The Psychology of Intimacy

Guilford Press Incorporating the most up-to-date literature in sociology, psychoanalysis, psychology, and communication, this book provides an exhaustive synthesis of theoretical, empirical, and clinical research on personal relationships. Prager explores the complex interconnections between intimacy and individual development, examining relationships from intimacy to old age in their social, cultural, and gender contexts, and constructing an innovative, multi-tiered model of intimate relating. The book also delves into the thoughts and emotions people experience when they behave intimately with each other, and asks how intimate relationships come to be satisfying, stable and harmonious for the people involved. This book will be of interest to researchers, educators, students and practitioners who study or treat close relationships. It will also serve as an invaluable text for advanced undergraduate and graduate courses on personal relationships, intimacy, and family relations.

How to Not Die Alone

The Surprising Science That Will Help You Find Love

Simon and Schuster A “must-read” (The Washington Post) funny and practical guide to help you find, build, and keep the relationship of your dreams. Have you ever looked around and wondered, “Why has everyone found love except me?” You’re not the only one. Great relationships don’t just appear in our lives—they’re the culmination of a series of decisions, including whom to date, how to end it with the wrong person, and when to commit to the right one. But our brains often get in the way. We make poor decisions, which thwart us on our quest to find lasting love. Drawing from years of research, behavioral scientist turned dating coach Logan Ury reveals the hidden forces that cause those mistakes. But awareness on its own doesn’t lead to results. You have to actually change your behavior. Ury shows you how. This “simple-to-use guide” (Lori Gottlieb, New York Times bestselling author of *Maybe You Should Talk to Someone*) focuses on a different decision in each chapter, incorporating insights from behavioral science, original research, and real-life stories. You’ll learn: -What’s holding you back in dating (and how to break the pattern) -What really matters in a long-term partner (and what really doesn’t) -How to overcome the perils of online dating (and make the apps work for you) -How to meet more people in real life (while doing activities you love) -How to make dates fun again (so they stop feeling like job interviews) -Why “the spark” is a myth (but you’ll find love anyway) This “data-driven” (Time), step-by-step guide to relationships, complete with hands-on exercises, is designed to transform your life. *How to Not Die Alone* will help you find, build, and keep the relationship of your dreams.

Support Processes in Intimate Relationships

Oxford University Press In the past twenty years or so, research on support processes in relationships has emerged as a distinct development in the field. Researchers have drawn from studies in the fields of communication, social support, and intimate relationships to conduct research examining support processes in relationships on micro and macro levels. Theoretical models of support processes in intimate relationships have been developed and increasingly sophisticated methodologies and data analytic techniques are being used to accumulate considerable and convincing evidence of the importance and complexity of support processes in intimate relationships. This edited book offers a broad yet coherent view of the field, showcasing novel, state-of-the-art research and theory on support processes in intimate relationships. Cutting-edge scholarly work is compiled in one accessible volume, which is designed to provoke and guide new research on social support. The book is divided into five sections designed to reflect emerging themes in the literature on support processes and intimate relationships. “Getting What One Wants: Perceived Support in Intimate Relationships” highlights the importance of offering support that is consistent with the needs of the recipient. “Providing What Partners Need: Interpersonal Aspects of Support” focuses on the importance of empathic understanding, validation of support seekers’ needs, attachment styles, and the emotional context for effective support provision. “Complexities of Support Processes in Individual and Couple Well Being” highlights the complex nature of support, presenting research on the effects of partner support on coping with stress, differential responses to daily support, and the importance of providing support for positive events. “Support in the Context of Health-related Problems and Behaviors” is comprised of chapters describing the effects of support on health, illness, and injury. Finally, “Culture and Gender” presents research that explores the role of gender and culture in support processes in couples.

The New Intimacy

Discovering the Magic at the Heart of Your Differences

Hci Shows how to turn conflict and disappointment in a relationship into opportunities for learning, mutual growth, and intimacy

The Talk Book

The Intimate Science of Communicating in Close Relationships

Points the way toward meaningful communication by recognizing six key elements of everyday talk and using them to achieve success in relationships

The Power to Care

Effects of Power in Intimate Relationships

Nova Science Publishers What happens when men and women feel powerful in intimate relationships? When does power corrupt and when does it lead to positive consequences, such as increased sensitivity to others needs, personal growth, and social responsibility? This book offers anyone interested in such questions a clear and accessible depiction of the effects of social power, based on cutting-edge theory and research. The book starts with a general discussion on the ways power influences individuals. The role of one’s personality, goals, and culture seem to play a decisive role in whether power leads to benevolent or malevolent consequences. Some effects of power are more intuitively understood (e.g., taking from or contributing to a common resource, or aggressive responses in parents who feel powerless), while other effects regard much more surprising phenomena (e.g., self-fulfilling prophecies, stopping an annoying fan, or forgiveness for a transgression). Following the description of this social-psychological mechanism, *The Power to Care* discusses the cultural and developmental circumstances in which power is experienced. Culturally acquired gender-roles, experiencing racism, egoistic vs. altruistic motivations, and defensive tendencies all influence what men and women want in intimate relationships, and the way power can motivate them to attain their goals. These circumstances may explain the gender differences found in the results of three experiments, described in Chapter 4. In these experiments, men and women in long-term, intimate relationships reacted differently to a temporary sense of power, in terms of their tendency to self-focus, take the perspective of others, and objectify their relationship partners. In the last section, *The Power to Care* discusses the seemingly contradictory beliefs of professionals and laymen alike, that power corrupts, but that the empowerment processes yields positive results. In this section, the role of power and empowerment processes is discussed, mainly in macro-level interventions, in intimate partner violence (for both victims and perpetrators), overcoming addiction, and in policy practice (e.g., in court verdicts regarding cases of post-divorce relocation of custodial parents).

How to Fall in Love with Anyone

A Memoir in Essays

Simon and Schuster “A beautifully written and well-researched cultural criticism as well as an honest memoir” (Los Angeles Review of Books) from the author of the popular New York Times essay, “To Fall in Love with Anyone, Do This,” explores the romantic myths we create and explains how they limit our ability to achieve and sustain intimacy. What really makes love last? Does love ever work the way we say it does in movies and books and Facebook posts? Or does obsessing over those love stories hurt our real-life relationships? When her parents divorced after a twenty-eight year marriage and her own ten-year relationship ended, those were the questions that Mandy Len Catron wanted to answer. In a series of candid, vulnerable, and wise essays that takes a closer look at what it means to love someone, be loved, and how we present our love to the world, “Catron melds science and emotion beautifully into a thoughtful and thought-provoking meditation” (Bookpage). She delves back to 1944, when her grandparents met in a coal mining town in Appalachia, to her own dating life as a professor in Vancouver. She uses biologists’ research into dopamine triggers to ask whether the need to love is an innate human drive. She uses literary theory to show why we prefer certain kinds of love stories. She urges us to question the unwritten scripts we follow in relationships and looks into where those scripts come from. And she tells the story of how she decided to test an experiment that she’d read about—where the goal was to create intimacy between strangers using a list of thirty-six questions—and ended up in the surreal situation of having millions of people following her brand-new relationship. “Perfect fodder for the romantic and the cynic in all of us” (Booklist), *How to Fall in Love with Anyone* flips the script on love. “Clear-eyed and full of heart, it is mandatory reading for anyone coping with—or curious about—the challenges of contemporary courtship” (The Toronto Star).

Artificial Intimacy

Virtual Friends, Digital Lovers, and Algorithmic Matchmakers

Columbia University Press What happens when the human brain, which evolved over eons, collides with twenty-first-century technology? Machines can now push psychological buttons, stimulating and sometimes exploiting the ways people make friends, gossip with neighbors, and grow intimate with lovers. Sex robots present the humanoid face of this technological revolution—yet although it is easy to gawk at their uncanniness, more familiar technologies based in artificial intelligence and virtual reality are insinuating themselves into human interactions. Digital lovers, virtual friends, and algorithmic matchmakers help us manage our feelings in a world of cognitive overload. Will these machines, fueled by masses of user data and powered by algorithms that learn all the time, transform the quality of

human life? *Artificial Intimacy* offers an innovative perspective on the possibilities of the present and near future. The evolutionary biologist Rob Brooks explores the latest research on intimacy and desire to consider the interaction of new technologies and fundamental human behaviors. He details how existing artificial intelligences can already learn and exploit human social needs—and are getting better at what they do. Brooks combines an understanding of core human traits from evolutionary biology with analysis of how cultural, economic, and technological contexts shape the ways people express them. Beyond the technology, he asks what the implications of artificial intimacy will be for how we understand ourselves.

The Science of Love and Attraction

The long-hidden neurobiological secrets to improve your social and romantic life

Mehmet Oktar Guloglu Internationally respected neuroscientist Dr. Guloglu takes us on a scientific journey through who, how, and why we love, and provides illuminating explanations to all love-related questions in an easy and relatable style. Based on hundreds of exclusive scientific studies, this well-researched book offers the neuroscience insights you need to improve your dating life and romantic relationships. In this comprehensive practical guide you'll find: * How do our brain and hormones change when we fall in and out of love? * What are the features that make someone attractive, and why? * How do toxic partners manipulate the love circuit in our brains? * And so much more! For anyone who has ever struggled with finding love, or anyone who is merely interested in the scientific mechanics behind attraction and affection, this is a must-read piece. This book also gives plenty of tips and advice regarding how to attract the perfect partner, establishing healthy boundaries, and leading a happy life by being happy within your relationships. *The Science of Love and Attraction* is a wonderful learning tool aimed at anyone who has ever been curious as to how love works. So if you've been unlucky in love, or just want to expand your knowledge, add this incredible book to your collection today and get smart about love!

Intimate Relationships

Intimate Relationships, 3rd edition, by Sharon S. Brehm, Rowland S. Miller, Daniel Perlman, and Susan Campbell preserves the personal appeal of the subject matter and vigorous standards of scholarship that made the earlier editions so successful. Written in a unified voice, this text builds on the reader-friendly tone that was established in the first two editions. It presents the key findings on intimate relationships, the major theoretical perspectives, and some of the current controversies in the field. Brehm, Miller, Perlman, and Campbell illustrate the relevance of close relationship science to readers' everyday lives, encouraging thought and analysis. Classic contributions to the field are covered in addition to topics on the leading edge of research.

Eight Dates

Essential Conversations for a Lifetime of Love

Workman Publishing Whether you're newly together and eager to make it work or a longtime couple looking to strengthen and deepen your bond, *Eight Dates* offers a program of how, why, and when to have eight basic conversations with your partner that can result in a lifetime of love. "Happily ever after" is not by chance, it's by choice— the choice each person in a relationship makes to remain open, remain curious, and, most of all, to keep talking to one another. From award-winning marriage researcher and bestselling author Dr. John Gottman and fellow researcher Julie Gottman, *Eight Dates* offers an ingenious and simple-to-implement approach to effective relationship communication. Here are the subjects that every serious couple should discuss: Trust. Family. Sex and intimacy. Dealing with conflict. Work and money. Dreams, and more. And here is how to talk about them—how to broach subjects that are difficult or embarrassing, how to be brave enough to say what you really feel. There are also suggestions for where and when to go on each date—book your favorite romantic restaurant for the Sex & Intimacy conversation (and maybe go to a yoga or dance class beforehand). There are questionnaires, innovative exercises, real-life case studies, and skills to master, including the Four Skills of Intimate Conversation and the Art of Listening. Because making love last is not about having a certain feeling—it's about both of you being active and involved.

And Baby Makes Three

The Six-Step Plan for Preserving Marital Intimacy and Rekindling Romance After Baby Arrives

Harmony Congratulations! You have a new baby. Don't forget you also have a marriage. Having a baby is a joyous experience, but even the best relationships are strained during the transition from duo to trio. In *And Baby Makes Three*, *Love Lab™* experts John Gottman and Julie Schwartz Gottman teach couples the skills needed to maintain healthy marriages, so partners can avoid the pitfalls of parenthood by: • Focusing on intimacy and romance • Replacing an atmosphere of criticism and irritability with one of appreciation • Preventing postpartum depression • Creating a home environment that nurtures physical, emotional, and mental health, as well as cognitive and behavioral development for your baby Complete with exercises that separate the "master" from the "disaster" couples, *And Baby Makes Three* helps new parents positively manage the strain that comes along with their bundle of joy.

Human-Robot Intimate Relationships

Springer The idea of humans falling in love with artificial beings is not a modern conception. Our relationship with artificial partners has come a long way since Pygmalion and his ivory lover. In recent years, there has been a strong upsurge of interest and discussions in the various aspects of intimate relationships between humans and artificial partners. This interest is evidenced by the increase in media coverage, TV documentaries and films on this topic, as well as the active research efforts within the academic community. This book provides a comprehensive collection and overview of the latest development in the field of intimate relationships between humans and artificial partners, in particular robots and virtual agents. It includes relevant research work undertaken by the authors, the latest advancements in technology and commercial products, and future predictions and insights from leading experts in the area. This book contains an in-depth discussion of the engineering, philosophical, psychological, ethical, and sociological implications of relationships with artificial companions. It also gives a glimpse of some future directions of artificial intelligence, human-computer love and sexual interaction, robotics engineering etc. It is a great resource for researchers and professionals working in these areas. The narrative style of the book also makes it an enjoyable and educational read for everyone.

An Intimate Relation

Studies in the History and Philosophy of Science Presented to Robert E. Butts on his 60th Birthday

Springer Science & Business Media The best philosophy of science during the last generation has been highly historical; and the best history of science, highly philosophical. No one has better exemplified this intimate relationship between history and philosophy than has Robert E. Butts in his work. Through out his numerous writings, science, its philosophy, and its history have been treated as a seamless web. The result has been a body of work that is sensitive in its conception, ambitious in its scope, and illuminating in its execution. Not only has his work opened new paths of inquiry, but his enthusiasm for the discipline, his encouragement of others (particularly students and younger colleagues), and his tireless efforts to build an international community of scholars, have stimulated the growth of HPS throughout Europe and North America. Many of the essays in this volume reflect that influence. Our title, of course, is deliberately ambiguous. The essays herein are by colleagues and former students, all of us wishing to honour an intimate friend. Happy Birthday, Bob! IX INTRODUCTION The essays herein cover a variety of concerns: from Descartes to reduction, from Galileo to gambling, from Freud's psychoanalysis to Kant's thing-in-itself. But under this diversity there is an approach common to them all. Things are largely done with a concern for and a sensitivity to historical matters (including contemporary history, of course).

Affective Inequalities in Intimate Relationships

Routledge Raising to the challenge of how to grasp such forms of inequalities that are mediated affectively, *Affective Inequalities in Intimate Relationships* focuses on subtle inequalities that are shaped in everyday affective encounters. It also seeks to bridge a gap between affect theory and empirical social research by providing ideas and inspiration of how to work with affect in research practice. Presenting cutting-edge empirical studies on affect and intimate relationships, the collection - introduces alternative and novel ways of conceptualizing the workings of affect in intimate relationships - provides tools for tackling the subtle ways in which affectivity connects with power relations in intimate relations - develops innovative methodologies that provide better access to affect as an embodied experience A fascinating contribution to the interdisciplinary field of affect studies, *Affective Inequalities in Intimate Relationships* will appeal to advanced undergraduates and postgraduates interested in fields such as gender studies, queer studies and cultural studies.

Love Cycles

The Science of Intimacy

In a study of the mysteries of physical attraction, a leading research biologist discusses the cycles of human sexuality, explaining how to exploit these cycles to enhance sensuality, inhibit aging, and promote health and personal fulfillment

The New Psychology of Love

Cambridge University Press This is a much-needed development from the first edition that provides an update on the theory and research on love by world-renowned scientific experts. It explores love from a diverse range of standpoints: social-psychological, evolutionary, neuropsychological, clinical, cultural, and even political. It considers questions such as: how men and women differ in their love, what makes us susceptible to jealousy and envy in relationships, how love differs across various cultures? As the neuropsychological basis of love is examined, this study showcases what attracts people to one another, why love has developed the way it has over time, and what evolutionary purpose it serves. It also analyses why and when love relationships both succeed and fail, which means readers will be rewarded with a better understanding of their own relationships and those of others, as well as what can be done to build a lasting, loving relationship.

Together and Lonely

Loneliness in Intimate Relationships : Causes and Coping

Nova Science Pub Incorporated In this book, the authors discuss two of the most fundamental of human experiences: loneliness, and belonging. There have been other publications, over the years, about each of these topics separately, but none about how they interact and influence one another, in one integrated volume. Loneliness is an existential and basic human experience that all those who ever walked on this earth have experienced. Loneliness is always painful, subjective, all consuming, and an experience which we all try to avoid. This book reviews the most updated literature, research, and experimentation involving loneliness, human alienation, and separation. Covered are definitions and an understanding of what is loneliness, loneliness in philosophy, literature and the Bible, loneliness of marginalized populations, the difference between essential and transient loneliness, loneliness of the seriously ill and the dying, what causes loneliness, and how can we cope with it successfully. Addressing humans great desire to belong, the book covers that overwhelming wish and need to be part of a community, a family and a romantic dyad, to belong and be valuable.

Close Relationships and Happiness across Cultures

Springer This volume focuses explicitly on close relationships as a reliable source for individual happiness and well-being across cultures. The work in this volume addresses theoretical issues and presents new cross-cultural data in the study of close relationships and happiness. Experts from different parts of the world provide in-depth, authoritative reviews and new findings on the relationship between various types of close bonds (e.g., intimate, marital, friendship, grandparent) and happiness in a variety of cultures. An ideal resource for researchers and students of relationship science and positive psychology, this rich, clear, and up-to-date book serves as an important reference for academicians in related fields of psychology such as cross-cultural, social, and developmental.

The Love Hypothesis

Penguin The Instant New York Times Bestseller and TikTok Sensation! As seen on THE VIEW! A BuzzFeed Best Summer Read of 2021 When a fake relationship between scientists meets the irresistible force of attraction, it throws one woman's carefully calculated theories on love into chaos. As a third-year Ph.D. candidate, Olive Smith doesn't believe in lasting romantic relationships--but her best friend does, and that's what got her into this situation. Convinced that Olive is dating and well on her way to a happily ever after was always going to take more than hand-wavy Jedi mind tricks: Scientists require proof. So, like any self-respecting biologist, Olive panics and kisses the first man she sees. That man is none other than Adam Carlsen, a young hotshot professor--and well-known ass. Which is why Olive is positively floored when Stanford's reigning lab tyrant agrees to keep her charade a secret and be her fake boyfriend. But when a big science conference goes haywire, putting Olive's career on the Bunsen burner, Adam surprises her again with his unyielding support and even more unyielding...six-pack abs. Suddenly their little experiment feels dangerously close to combustion. And Olive discovers that the only thing more complicated than a hypothesis on love is putting her own heart under the microscope.

The Science of Trust: Emotional Attunement for Couples

W. W. Norton & Company An eminent therapist explains what makes couples compatible and how to sustain a happy marriage. For the past thirty-five years, John Gottman's research has been internationally recognized for its unprecedented ability to precisely measure interactive processes in couples and to predict the long-term success or failure of relationships. In this groundbreaking book, he presents a new approach to understanding and changing couples: a fundamental social skill called "emotional attunement," which describes a couple's ability to fully process and move on from negative emotional events, ultimately creating a stronger relationship. Gottman draws from this longitudinal research and theory to show how emotional attunement can downregulate negative affect, help couples focus on positive traits and memories, and even help prevent domestic violence. He offers a detailed intervention devised to cultivate attunement, thereby helping couples connect, respect, and show affection. Emotional attunement is extended to tackle the subjects of flooding, the story we tell ourselves about our relationship, conflict, personality, changing relationships, and gender. Gottman also explains how to create emotional attunement when it is missing, to lay a foundation that will carry the relationship through difficult times. Gottman encourages couples to cultivate attunement through awareness, tolerance, understanding, non-defensive listening, and empathy. These qualities, he argues, inspire confidence in couples, and the sense that despite the inevitable struggles, the relationship is enduring and resilient. This book, an essential follow-up to his 1999 *The Marriage Clinic*, offers therapists, students, and researchers detailed intervention for working with couples, and offers couples a roadmap to a stronger future together.

Radical Intimacy

Cultivate the Deeply Connected Relationships You Desire and Deserve

Hachette GO A practical step-by-step methodology for nurturing and sustaining our intimate relationships through first focusing on self, extending to partners, and the world We can apply the law of attraction, love languages, and every hack in the world. We can do all the yoga, spa days, workshops, and retreats we can make time for. But without an underpinning of intimacy, our experience of ourselves is soft and dreamy and lacks the kind of specificity necessary to truly know ourselves through and through. With intimacy as the foundational principle of our existence, we can build a life based on what we truly need, not what have been told we need, think we need, or what we think we should need. No matter who you are and who you like to have sex with, my intention is to arm you with a new toolkit and consciousness for cultivating the deeply connected relationships you desire and the life you deserve. Zoe Kors draws on her experience as an intimacy coach, workshop leader and sex and relationships writer, sharing her powerful--and practical--step-by-step methodology for nurturing and sustaining our intimate relationships over time. It addresses the essential truth that is almost universally missed in discussions of sex and intimacy: We can meet each other only to the extent that we can meet ourselves. Kors guides the reader on a five-part journey through nine areas of opportunity for deepening intimacy with themselves, their partner, and their world, inviting them to embrace emotional, physical, and energetic self-mastery, which is required to skillfully relate with others. Voice-driven, accessible--with the right amount of tough love--Radical Intimacy rewrites the rules (and The Rules) by: Introducing the concept of "Energetic Intimacy" as a real thing. I talk about concepts like presence and energy, in a way that is accessible and makes sense to the mainstream market (not woo-woo!) Defining and busting "The Attachment Myth"--my term for the rampant and erroneous belief that women emotionally attach to their sexual partners--rewriting the common narrative, giving women freedom and agency to own their embodied sexuality without guilt or shame. Shifting the vocabulary around sex and intimacy to feel real, organic, and unapologetic by speaking with ease and confidence about sex and sexuality--no euphemisms, no air quotes, no beating around the bush (so to speak). Telling the truth that sex is not effortless. Great sex is cultivated over time through practice. Evangelizing intimacy as an ongoing and life-altering practice that happens not just between two people, but on an individual level first. Dismantling porn-culture's stronghold on the misperception of women's bodies and sexuality so that we may respect, revere, and fall love with women (and ourselves) for the magical and varied creatures we are.

Unfuck Your Intimacy Workbook

Let this handy workbook guide you on your quest for healthier relationships and more excellent sex. Created as a companion for Dr. Faith's book *Unfuck Your Intimacy*, these exercises can also stand alone. Includes a ton of good stuff, like body maps, communication templates, boundary-setting exercises, a sexual history questionnaire like the ones therapists use, and of course help with understanding and coping with anything upsetting that might come up. Almost all the exercises can absolutely be done with a partner, but the focus is on getting to know your body, your desires, and your needs, to explore on your own or together.

Love Sense

The Revolutionary New Science of Romantic Relationships

In this book the author presents a revolutionary new understanding of why and how we love, based on cutting-edge research. Every day, we hear of relationships failing and questions of whether humans are meant to be monogamous. This book presents new scientific evidence that tells us that humans are meant to mate for life. The author explains that romantic love is an attachment bond, just like that between mother and child, and shows us how to develop our "love sense", our ability to develop long-lasting relationships. Love is not the least bit illogical or random, but actually an ordered and wise recipe for survival. The book covers the three stages of a relationship and how to best weather them; the intelligence of emotions and the logic of love; the physical and psychological benefits of secure love; and much more. -- Provided by publisher.