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KEY=E - PETERSEN SAGE

PDF - ArtsVox Magazine

Explore / Discover / Connect

ArtsVox New export magazine for the professionals of the new media industry, performing arts and visual arts. **ArtsVox is the new export magazine for new media, performing and visual arts. ArtsVox is dedicated to emerging arts companies, creativity and new technologies, with an emphasis on international trade and travel. ArtsVox magazine was created for artists, cultural organizations and companies wishing to export or promote their activities on the international stage. ArtsVox magazine will feature interviews, articles and op-ed pieces related to international trade and travel ArtsVox magazine is a Canadian publication that will be distributed four times a year to over 1,500 industry professionals working in new media, performing and visual arts as well as to key players related to the export and international trade of cultural fare.**

Misinformation Policy in Sub-Saharan Africa

From Laws and Regulations to Media Literacy

University of Westminster Press **Misinformation Policy in Sub-Saharan Africa is a single volume containing two research reports by eight authors examining policy towards misinformation in Sub-Saharan Africa. The volume first examines the teaching of 'media literacy' in state-run schools in seven Sub-Saharan African countries as of mid-2020, as relates to misinformation. It explains the limited elements of media and information literacy (MIL) that are included in the curricula in the seven countries studied and the elements of media literacy related to misinformation taught in schools in one province of South Africa since January 2020. The authors propose six fields of knowledge and skills specific to misinformation that are required in order to reduce students' susceptibility to false and misleading claims. Identifying obstacles to the introduction and effective teaching of misinformation literacy, the authors make five recommendations for the promotion of misinformation literacy in schools, to reduce the harm misinformation causes. The second report in the volume examines changes made to laws and regulations related to 'false information' in eleven countries across Sub-Saharan Africa 2016-2020 from Ethiopia to South Africa. By examining the terms of such laws against what is known of misinformation types, drivers and effects, it assesses the likely effects of punitive policies and those of more positive approaches that provide accountability in political debate by promoting access to accurate information and corrective speech. In contrast to the effects described for most recent regulations relating to misinformation, the report identifies ways in which legal and regulatory frameworks can be used to promote a healthier information environment.**

The Encyclopedia of Herbs and Spices

CABI **The Encyclopedia of Herbs and Spices provides comprehensive coverage of the taxonomy, botany, chemistry, functional properties, medicinal uses, culinary uses and safety issues relating to over 250 species of herbs and spices. These herbs and spices constitute an important agricultural commodity; many are traded globally and are indispensable for pharmaceuticals, flavouring foods and beverages, and in the perfumery and cosmetic industries. More recently, they are increasingly being identified as having high nutraceutical potential and important value in human healthcare. This encyclopedia is an excellent resource for researchers, students, growers and manufacturers, in the fields of horticulture, agriculture, botany, crop sciences, food science and pharmacognosy.**

Nutrition and Integrative Medicine

A Primer for Clinicians

CRC Press While medical professionals continue to practice traditional allopathic medicine, the public has turned toward nutritional and integrative medical therapies, especially for addressing the proliferation of chronic diseases. Written by leaders in the academic and scientific world, *Nutrition and Integrative Medicine: A Primer for Clinicians* presents various modalities to help restore health. This book provides users with a guide to evaluating and recommending nutritional and integrative therapies. The book offers insights on the microbiome of the human body, examines the relationship of human health to the microbiome of the food we ingest, and introduces the concept of "food as information." It provides enlightenment on anti-aging and healing modalities, mind-body medicine, and an investigation of psychological trauma as related to disease causation. Integrative therapies, including water, light, and sound therapy, are explored, and information on healing chronic disease through nutrition, the tooth-body connection, the role of toxins in disease causation, and electromagnetic field hypersensitivity, as well as its management, is presented.

Sensory Evaluation of Food

Theory and Practice

Vch Pub

Des os dans les Bégonias

Valley Publishing Ltd. Du luxe à la misère... Le chaos continue... Les meurtres se succèdent... Non mais, franchement ? La nouvelle vie de Doreen Montgomery à Kelowna devait être un nouveau départ après la rupture difficile qui a mis un terme à quatorze années de mariage, une chance de se retrouver et de remettre sa vie sur les rails. Au lieu de quoi, elle a passé sa première semaine dans sa ville natale à déterrer des cadavres, à traquer les indices et à taper sur les nerfs du brigadier Mack Moreau. Maintenant que cette affaire a été résolue et que le meurtrier est traduit devant la justice, Doreen compte enfin se reposer cette semaine. Lorsque Mack lui demande de rafraîchir le jardin de sa mère, elle accepte la mission. Ce sera un second souffle dans sa nouvelle vie à Kelowna ainsi que dans sa relation naissante avec Mack. L'ennui, c'est qu'en déterrants les racines récalcitrantes des bégonias de Madame Moreau pour les planter ailleurs, Doreen découvre de nouveaux ossements... et un autre mystère à résoudre. Tandis que les indices s'accumulent, Mack lui fait clairement comprendre qu'il n'a ni envie ni besoin de son aide, mais Doreen ne peut résister à l'attrait d'une nouvelle enquête. Alors qu'ils enchaînent les impasses et les fausses pistes, Nan, la grand-mère de Doreen, s'en amuse et lance des paris. Lequel des deux résoudra le crime en premier ? Tout cela sous l'œil d'un assassin...

The Adaptogenic Herbal Kitchen

More Than 65 Easy Recipes and Remedies That Protect and Heal

Rodale Books Restore balance and help your body manage stress with more than 65 simple adaptogenic recipes. Adaptogens are medicinal herbs, plants, and fungi originally used in centuries-old traditional Chinese and Ayurvedic healing traditions that biologically increase the body's capacity to handle physical, mental, and emotional stress. They adapt to the needs of the body in order to decrease inflammation, restore inner harmony, and promote optimal health. Adaptogens can also increase energy and libido, boost immunity, and fight depression and anxiety. This no-fuss beginner's guide uses these natural supplements in more than 65 delicious smoothies, juices, soups, and stews for a myriad of different health benefits. The book also includes a quick primer on the properties of each commonly-used adaptogen. Ashwagandha and ginseng soothe long-term sources of stress, reishi and astragalus strengthen the immune system, and licorice and tulsii improve gut health, among many others. Recipes range from libido-boosting smoothies with maca root powder, flu-fighting soups, and revitalizing tonics. Set up your mind and body for wellness with adaptogens.

Herbal Medicine

Biomolecular and Clinical Aspects, Second Edition

CRC Press The global popularity of herbal supplements and the promise they hold in treating various disease states has caused an unprecedented interest in understanding the molecular basis of the biological activity of traditional remedies. *Herbal Medicine: Biomolecular and Clinical Aspects* focuses on presenting current scientific evidence of biomolecular ef

Traité de pharmacie théorique et pratique

Pharmazie(19. Jh.).

Women's knowledge

traditional medicine and nature; Mauritius, Reunion and Rodrigues

UNESCO Publishing

Miranda and Caliban

Tor Books *Miranda and Caliban* is bestselling fantasy author Jacqueline Carey's gorgeous retelling of *The Tempest*. With hypnotic prose and a wild imagination, Carey explores the themes of twisted love and unchecked power that lie at the heart of Shakespeare's masterpiece, while serving up a fresh take on the play's iconic characters. A lovely girl grows up in isolation where her father, a powerful magus, has spirited them to in order to keep them safe. We all know the tale of Prospero's quest for revenge, but what of Miranda? Or Caliban, the so-called savage Prospero chained to his will? In this incredible retelling of the fantastical tale, Jacqueline Carey shows readers the other side of the coin—the dutiful and tenderhearted Miranda, who loves her father but is terribly lonely. And Caliban, the strange and feral boy Prospero has bewitched to serve him. The two find solace and companionship in each other as Prospero weaves his magic and dreams of revenge. Always under Prospero's jealous eye, Miranda and Caliban battle the dark, unknowable forces that bind them to the island even as the pangs of adolescence create a new awareness of each other and their doomed relationship. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

Food Bioactives

Functionality and Applications in Human Health

CRC Press This valuable volume addresses the growing consumer demand for novel functional food products and for high-value, nutritionally rich products by focusing on the sources and applications of bioactives from food. The chapters in the book describe functional properties and discuss applications of the selected food ingredients obtained from various sources, including culinary banana, phalsa, pseudocereals, roselle calyces, asparagus, and more. Several chapters address the resurgence of interest in pseudocereals due to their excellent nutritional and biological values, gluten-free composition, and the presence of some health-promoting compounds. The book also looks at utilizing industrial byproducts for making functional and nutraceutical ingredients. The chapters on prebiotics and probiotics highlight different functional properties, and a chapter on food allergens discusses advancements in detection and management in the food manufacturing industries.

The Birth of the Clinic

Routledge Foucault's classic study of the history of medicine.

California Foraging

120 Wild and Flavorful Edibles from Evergreen Huckleberries to Wild Ginger

Timber Press "This book is an excellent deep dive into California's wild edibles, revealing a real affection for and intimate familiarity with our state's flora." —Iso Rabins, founder of ForageSF California offers a veritable feast for foragers, and with Judith Larner Lowry as your trusted guide you will learn how to safely find and identify an abundance of delicious wild plants. The plant profiles in *California Foraging* include clear, color photographs,

identification tips, guidance on how to ethically harvest, and suggestions for eating and preserving. A handy seasonal planner details which plants are available during every season. Thorough, comprehensive, and safe, this is a must-have for foragers in the Golden State.

Good Morning, Midnight

W. W. Norton & Company "No one who reads *Good Morning, Midnight* will ever forget it." - *New York Times*

Les bienfaits du jeûne

Organiser une semaine de jeûne pas-à-pas et une mono-diète "détox" de 3 jours

Hachette Pratique La pollution, le stress, une alimentation riche et paradoxalement pauvre en nutriments, l'alcool, le tabac, l'excès de café, de médicaments sont autant de facteurs qui contribuent à encombrer notre organisme et le surchargent en toxines. Il est donc nécessaire de l'aider à se régénérer grâce à une cure de détoxination, à chaque changement de saison. Jeûne printanier et mono-diète automnale constituent les moyens les plus efficaces et les plus naturels pour nettoyer l'organisme et favoriser le bon fonctionnement de notre système immunitaire. Il s'agit de drainer les toxines à travers la peau, les poumons, le foie, les intestins et les reins. Le jeûne est une pratique attestée dans toutes les religions. Depuis plus de 50 ans en Allemagne, en Russie, au Japon et aux États-Unis, des médecins le conseillent comme une approche complémentaire aux traitements de pathologies aussi diverses que l'asthme, le diabète, les rhumatismes, les allergies... Cet ouvrage vous introduit à la pratique du jeûne et à ses vertus préventives. Il vous guide au quotidien dans votre parcours sur une semaine complète : comprendre les différents types de jeûne (sec, hydrique, Büchinger notamment), se préparer au jeûne, le suivre en toute sécurité, puis reprendre une alimentation normale. Toutes les clés y sont aussi données pour choisir et adopter une mono-diète « détox » de 3 jours : cure de raisin, de jus de légumes ou encore de riz. Les conseils psychologiques et les exercices physiques pour prendre conscience de son corps pendant les cures permettront à chacun de gagner en bien-être et de retrouver sa vitalité. En fin d'ouvrage, la question du choix du stage de jeûne est également abordée.

The Encyclopedia of Herbs

A Comprehensive Reference to Herbs of Flavor and Fragrance

Timber Press This meticulously researched compendium provides every aspect of growing, identifying, harvesting, preserving, and using more than 500 species of herbs. Thorough profiles provide a plant's botanical name and family, whether it is an annual or perennial, its height, hardiness, light requirements, water consumption, required soil type, and pH. The often fascinating history of the plant, the chemistry of its essential oils, and its culinary, landscape, and craft uses are also included, as is advice on how to propagate. For the first edition of their work, both authors received The Gertrude B. Foster Award for Excellence in Herbal Literature from the Herb Society of America. This new edition adds important species and includes updated nomenclature.

Tea in Health and Disease Prevention

Academic Press While there have been many claims of the benefits of teas through the years, and while there is nearly universal agreement that drinking tea can benefit health, there is still a concern over whether the lab-generated results are representative of real-life benefit, what the risk of toxicity might be, and what the effective-level thresholds are for various purposes. Clearly there are still questions about the efficacy and use of tea for health benefit. This book presents a comprehensive look at the compounds in black, green, and white teas, their reported benefits (or toxicity risks) and also explores them on a health-condition specific level, providing researchers and academics with a single-volume resource to help in identifying potential treatment uses. No other book on the market considers all the varieties of teas in one volume, or takes the disease-focused approach that will assist in directing further research and studies. Interdisciplinary presentation of material assists in identifying potential cross-over benefits and similarities between tea sources and diseases Assists in identifying therapeutic benefits for new product development Includes coverage and comparison of the most important types of tea - green, black and white

Tom Press Magazine décembre 2015 - janvier 2016

La passion du fait maison

Tom Press Dans ce numéro : Un foie gras tout simple chez Claire Le pain "figues et noix" La bûche 2015 du chef Tenailleau Zoom sur les fumoirs Dossier : farces

American Herbal Pharmacopoeia

Botanical Pharmacognosy - Microscopic Characterization of Botanical Medicines

CRC Press Winner of the James A. Duke Award for Excellence in Botanical Literature Award from the American Botanical Council Compiled by the American Herbal Pharmacopoeia, this volume addresses the lack of authoritative microscopic descriptions of those medicinal plant species currently in trade. It includes an atlas providing detailed text and graphic descri

Drinking French

The Iconic Cocktails, Apéritifs, and Café Traditions of France, with 160 Recipes

The New York Times bestselling author of *My Paris Kitchen* serves up more than 160 recipes for trendy cocktails, quintessential apéritifs, café favorites, complementary snacks, and more. Bestselling cookbook author, memoirist, and popular blogger David Lebovitz delves into the drinking culture of France in *Drinking French*. This beautifully photographed collection features 160 recipes for everything from coffee, hot chocolate, and tea to Kir and regional apéritifs, classic and modern cocktails from the hottest Paris bars, and creative infusions using fresh fruit and French liqueurs. And because the French can't imagine drinking without having something to eat alongside, David includes crispy, salty snacks to serve with your concoctions. Each recipe is accompanied by David's witty and informative stories about the ins and outs of life in France, as well as photographs taken on location in Paris and beyond. Whether you have a trip to France booked and want to know what and where to drink, or just want to infuse your next get-together with a little French flair, this rich and revealing guide will make you the toast of the town.

Stress, Dépression et Troubles du comportement

Une nouvelle approche sans produits chimiques

Guy Trédaniel **Stress, Dépression et Troubles du comportement - Une nouvelle approche sans produits chimiques va déranger !** Le stress et les troubles anxieux - aujourd'hui référencés comme les syndromes de la « maladie du siècle » - représentent un marché commercial particulièrement juteux pour les laboratoires pharmaceutiques. Pourtant, nombre de produits naturels peuvent aisément remplacer les médicaments de l'industrie de l'allopathie chimique. **Stress, Dépression et Troubles du comportement - Une nouvelle approche sans produits chimiques** apporte les informations nécessaires pour comprendre les pathologies regroupées sous le terme générique « troubles anxieux » : anxiété et angoisse, burn-out et surmenage, mal-être et dépression, hyperactivité, insomnie et troubles du sommeil, schizophrénie et spasmophilie... Il propose aussi les solutions des médecines complémentaires et naturelles pour les traiter, dans le respect de la physiologie du corps et des mécanismes du psychisme. Car pour l'auteur, nombre de ces troubles sont certainement provoqués ou entretenus par les médicaments. L'exemple de la maladie d'Alzheimer est, à cet égard, particulièrement probant.

Alexandre Dumas : Oeuvres complètes - T. 1/2 (Romans, contes et nouvelles)

Arvensa Editions **NOUVELLE ÉDITION** : Découvrez les œuvres complètes d'Alexandre Dumas (T. I : Romans, Contes et Nouvelles), dans une nouvelle édition sans DRM enrichie de centaines de notes explicatives et d'une biographie détaillée. Du fait de la taille très importante du fichier, les oeuvres complètes ont été réalisées en 2 tomes. Le tome II contient 66 titres incluant les voyages, les pièces de théâtre ainsi que les oeuvres historiques. L'édition a été conçue pour un confort de lecture et de navigation optimal sur votre liseuse. Elle contient 104 titres. **CONTENU DÉTAILLÉ** du tome I : LES 77 ROMANS classés par grandes périodes historiques : ACTÉ - LE PRINCE DES VOLEURS - ROBIN HOOD LE PROSCRIT - LE BÂTARD DE MAULÉON - ISAAC LAQUEDEM - LE SALTEADOR - UNE NUIT À FLORENCE SOUS ALEXANDRE DE MÉDICIS - ASCANIO - LA MAISON DE SAVOIE - L'HOROSCOPE - LA REINE MARGOT - LA DAME DE MONSOREAU - LES

QUARANTE-CINQ - LES TROIS MOUSQUETAIRES - VINGT ANS APRÈS - LE VICOMTE DE BRAGELONNE - LE COMTE DE MORET - LA COLOMBE - LA GUERRE DES FEMMES - LA TULIPE NOIRE - MÉMOIRES D'UNE AVEUGLE - LES CONFESSIONS DE LA MARQUISE - LES DEUX REINES - SYLVANDIRE - LE CHEVALIER D'HARMENTAL - UNE FILLE DU RÉGENT - OLYMPE DE CLÈVES - JOSEPH BALSAMO - LE COLLIER DE LA REINE - ANGE PITOU - LA COMTESSE DE CHARNY - LE CAPITAINE PAUL - LE MENEUR DE LOUPS - LE DOCTEUR MYSTÉRIEUX - LA FILLE DU MARQUIS - INGÉNUÉ - LE CHÂTEAU D'EPSTEIN - CÉCILE - LE VOLONTAIRE DE 92 - LE CHEVALIER DE MAISON-ROUGE - LES BLANCS ET LES BLEUS - LES COMPAGNONS DE JÉHU - JACQUES ORTIS - LA SAN-FELICE - SOUVENIRS D'UNE FAVORITE - AVENTURES DE JOHN DAVYS - LE TROU DE L'ENFER - DIEU DISPOSE - LE CAPITAINE RICHARD - JANE - LE COMTE DE MONTE-CRISTO - CONSCIENCE L'INNOCENT - LE PÈRE LA RUINE - LE MAÎTRE D'ARMES - GEORGES - LES MOHICANS DE PARIS - SALVATOR - JACQUOT SANS OREILLES - CATHERINE BLUM - LA PRINCESSE FLORA - LA BOULE DE NEIGE - LES LOUVES DE MACHECOUL - LE CAPITAINE PAMPHILE - LE FILS DU FORÇAT - LA MARQUISE D'ESCOMAN - FERNANDE - GABRIEL LAMBERT - AMAURY - LES FRÈRES CORSES - BLACK - PARISIENS ET PROVINCIAUX - MADAME DE CHAMBLAY - LA TERREUR PRUSSIEUSE LES 26 CONTES ET NOUVELLES : BLANCHE DE NEIGE - LA BOUILLIE DE LA COMTESSE BERTHE - LES ENFANTS DE LA MADONE - HISTOIRE D'UN CASSE-NOISETTE - L'ÉGOÏSTE - NICOLAS LE PHILOSOPHE - L'HOMME AUX CONTES - LA LÉGENDE DES SEPT DORMANS - LA MAIN DROITE DU SIRE DE GIAC - OTHON L'ARCHER - LE PÈRE GIGOGNE - L'ARMOIRE D'ACAJOU - CHASSEUR D'OURS - UN COUP DE FEU - LE DÉVOUEMENT DES PAUVRES - UN DÎNER CHEZ ROSSINI - LE FAISEUR DE CERCUEILS - LA FEMME AU COLLIER DE VELOURS - LES GENTILSHOMMES DE LA SIERRA-MORENA - DON BERNARDO DE ZUNIGA - HERMINIE - LE LIÈVRE DE MON GRAND-PÈRE - LES MARIAGES DU PÈRE OLIFUS - LES MILLE ET UN FANTÔMES - SOUVENIRS D'ANTONY - LE TESTAMENT DE M. DE CHAUVELIN ANNEXE : ALEXANDRE DUMAS - SA VIE, SON TEMPS, SON ŒUVRE par Henri BLAZE de BURY. A PROPOS DE L'ÉDITEUR : Les éditions Arvensa sont les leaders de la littérature classique numérique. Leur objectif est de vous faire connaître les œuvres des plus grands auteurs de la littérature classique en langue française à un prix abordable tout en vous fournissant la meilleure expérience de lecture sur votre liseuse. Tous les titres sont produits avec le plus grand soin. Chaque édition contient un système de navigation intuitif et ergonomique : • Naviguez par simple clic de chapitre à chapitre ou de livre à livre. • Accédez instantanément à la table des matières hyperliée globale. • Une table des matières est placée également au début de chaque titre. Vous disposez également d'un service qualité qui s'engage à vous répondre dans les 48h. Retrouvez tous les titres des éditions Arvensa sur leur site.

280 produits naturels pour se surpasser

Presses du Châtelet Nous désirons tous vivre au maximum de nos possibilités, mais la pression que nous subissons nous prive périodiquement de tout ou partie de nos ressources. Stress et fatigue sont des « maladies modernes » bien souvent liées à notre mode de vie. Ce livre présente d'abord les substances naturelles ayant des vertus stimulantes sur le plan physique et/ou intellectuel (plantes, vitamines, minéraux, compléments alimentaires, super aliments...). Il fait ensuite le tour des principaux produits composés, disponibles en pharmacie, parapharmacie, magasins bio, avec leur composition, les modalités d'utilisation courantes et les cibles d'action privilégiées. Avec des rubriques : « pour un tonus durable », « pour un coup de fouet rapide », « pour tordre le coup à la fatigue nerveuse », « pour retrouver un sommeil réparateur », « pour booster les neurones », « pour stimuler la sexualité », « pour doper naturellement les sportifs », « pour des enfants toujours au top », « pour le tonus des seniors »...

A Year in Provence

Vintage NATIONAL BESTSELLER • In this witty and warm-hearted account, Peter Mayle tells what it is like to realize a long-cherished dream and actually move into a 200-year-old stone farmhouse in the remote country of the Lubéron with his wife and two large dogs. He endures January's frosty mistral as it comes howling down the Rhône Valley, discovers the secrets of goat racing through the middle of town, and delights in the glorious regional cuisine. A Year in Provence transports us into all the earthy pleasures of Provençal life and lets us live vicariously at a tempo governed by seasons, not by days.

Quality Control Methods for Medicinal Plant Materials

World Health Organization A collection of test procedures for assessing the identity, purity, and content of medicinal plant materials, including determination of pesticide residues, arsenic and heavy metals. Intended to assist national laboratories engaged in drug quality control, the manual responds to the growing use of medicinal plants, the special quality problems they pose, and the corresponding need for international guidance on reliable methods for quality control. Recommended procedures - whether involving visual inspection or the use of thin-layer chromatography for the qualitative determination of impurities - should also prove useful to the pharmaceutical industry and pharmacists working with these materials.

Art and the Senses

Oxford University Press The senses play a vital role in our health, our social interactions, and in enjoying food, music and the arts. The book provides a unique interdisciplinary overview of the senses, ranging from the neuroscience of sensory processing in the body, to cultural influences on how the senses are used in society, to the role of the senses in the arts.

A Forager's Treasury

Allen & Unwin Cover subtitle: A New Zealand guide to finding and using wild plants.

Dictionary of St. Lucian Creole

Walter de Gruyter

Phytotherapy

A Quick Reference to Herbal Medicine

Springer Science & Business Media This richly illustrated reference guide treats the subject of herbal medicines in an integrated fashion with reference to pharmacognosy, pharmacology and toxicology. It will help to enable internists, phytotherapists, physicians, healthcare practitioners as well as students to understand why, when and how herbal medicines can be used in the treatment of diseases. A great deal of pathology and therapeutic information is also included. Numerous tables as well as figures clarify complex mechanisms and other information. The most important medicinal plants and drugs are illustrated with exceptional color plates.

Software Studies

A Lexicon

MIT Press This collection of short expository, critical and speculative texts offers a field guide to the cultural, political, social and aesthetic impact of software. Experts from a range of disciplines each take a key topic in software and the understanding of software, such as algorithms and logical structures.

Introducing Multilevel Modeling

SAGE This is the first accessible and practical guide to using multilevel models in social research. Multilevel approaches are becoming increasingly important in social, behavioural, and educational research and it is clear from recent developments that such models are seen as being more realistic, and potentially more revealing, than ordinary regression models. While other books describe these multilevel models in considerable detail none focuses on the practical issues and potential problems of doing multilevel analyses that are covered in *Introducing Multilevel Modeling*. The authors' approach is user-oriented and the formal mathematics and statistics are kept to a minimum. Other key features include the use of worked examples using real data sets, analyzed using the leading computer package for multilevel modeling - "MLn." Discussion site at: <http://www.stat.ucla.edu/phplib/w-agera/w-agera.phtml?bn=Sagebook> Data files mentioned in the book are available from: <http://www.stat.ucla.edu/deleeuw/sagebook>

If I Ain't Got You Sheet Music

Hal Leonard Corporation (Piano Vocal). This sheet music features an arrangement for piano and voice with guitar chord frames, with the melody presented in the right hand of the piano part as well as in the vocal line.

Evidence-based Management of Hypertension

tfm Publishing Limited The treatment of hypertension is now evolving into a decision-making process of ever greater complexity. Not only has the range of drugs available increased but so too has our knowledge of the diversity of individual patients' responsiveness to therapy, and the need to tailor their treatment with reference to a wide variety of additional factors. In order to provide effective patient care, the clinician needs to be aware of all the options available, but also of the evidence supporting their use and the extent to which that evidence justifies the choices made. In this new volume, leading authorities in their fields draw on the available evidence to provide answers to a series of key clinical questions facing the clinician treating hypertension: Should we treat prehypertension? How does the choice of therapy change in the presence of comorbidities such as obesity, ischemic heart disease, left ventricular hypertrophy, diabetes or cerebrovascular disease? *Evidence-based Management of Hypertension* provides answers to these and many other questions, as the authors present an expert analysis of the available evidence and offer authoritative recommendations for treatment planning. In each chapter, tables highlight evidence from a variety of sources, and every chapter concludes with a series of key practice points that present a summary of evidence-based recommendations for best practice, graded according to the quality of that evidence. For any clinician concerned with the care of the hypertensive patient, this volume will be a valuable aid to treatment planning and long-term management.

The Special Operations Forces (SOF) Nutrition Guide (Color)

Special Operations Forces (SOF) are "Warrior Athletes," the ultimate athlete. The physical and mental demands imposed by SOF training and missions require appropriate nutritional habits and interventions so that, under the most rigorous conditions, performance is optimized, and health is preserved. This manual is intended to be a resource for all SOF, ranging from short summaries to detailed information, with worksheets, links, and important tips for nutrition at home and when in theater.

Painted Love

Prostitution in French Art of the Impressionist Era

Getty Publications In this engrossing book, Hollis Clayson provides the first description and analysis of French artistic interest in women prostitutes, examining how the subject was treated in the art of the 1870s and 1880s by such avant-garde painters as Cézanne, Degas, Manet, and Renoir, as well as by the academic and low-brow painters who were their contemporaries. Clayson not only illuminates the imagery of prostitution-with its contradictory connotations of disgust and fascination-but also tackles the issues and problems relevant to women and men in a patriarchal society. She discusses the conspicuous sexual commerce during this era and the resulting public panic about the deterioration of social life and civilized mores. She describes the system that evolved out of regulating prostitutes and the subsequent rise of clandestine prostitutes who escaped police regulation and who were condemned both for blurring social boundaries and for spreading sexual licentiousness among their moral and social superiors. Clayson argues that the subject of covert prostitution was especially attractive to vanguard painters because it exemplified the commercialization and the ambiguity of modern life.

Omeros

Farrar, Straus and Giroux Derek Walcott's *Omeros* is a poem in five books, of circular narrative design, titled with the Greek name for Homer, which simultaneously charts two currents of history: the visible history charted in events -- the tribal losses of the American Indian, the tragedy of African enslavement -- and the interior, unwritten epic fashioned from the suffering of the individual in exile.

Swann's Way

Xist Publishing *The Innocence of Childhood* "The thirst for something other than what we have...to bring something new, even if it is worse, some emotion, some sorrow; when our sensibility, which happiness has silenced like an idle harp, wants to resonate under some hand, even a rough one, and even if it might be broken by it." - Marcel Proust, *Swann's Way* *Swann's Way* is the first volume of the famous masterpiece *In Search of Lost Time*. Using the involuntary memory technique, Marcel Proust travels back in time to his childhood where the reader meets Charles Swann, a friend of the family. The memories fade and reappear again in Proust's mind this time telling the sad love story between Swann and Odette, an intriguing woman with an unusual style. What more can the narrator remember? *Xist Publishing* is a digital-first publisher. *Xist Publishing* creates books for the touchscreen generation and is dedicated to helping everyone develop a lifetime love of reading, no matter what form it takes

Handbook of African Medicinal Plants, Second Edition

CRC Press With over 50,000 distinct species in sub-Saharan Africa alone, the African continent is endowed with an enormous wealth of plant resources. While more than 25 percent of known species have been used for several centuries in traditional African medicine for the prevention and treatment of diseases, Africa remains a minor player in the global natural products market largely due to lack of practical information. This updated and expanded second edition of the *Handbook of African Medicinal Plants* provides a comprehensive review of more than 2,000 species of plants employed in indigenous African medicine, with full-color photographs and references from over 1,100 publications. The first part of the book contains a catalog of the plants used as ingredients for the preparation of traditional remedies, including their medicinal uses and the parts of the plant used. This is followed by a pharmacognostical profile of 170 of the major herbs, with a brief description of the diagnostic features of the leaves, flowers, and fruits and monographs with botanical names, common names, synonyms, African names, habitat and distribution, ethnomedicinal uses, chemical constituents, and reported pharmacological activity. The second part of the book provides an introduction to African traditional medicine, outlining African cosmology and beliefs as they relate to healing and the use of herbs, health foods, and medicinal plants. This book presents scientific documentation of the correlation between the observed folk use and demonstrable biological activity, as well as the characterized constituents of the plants.

Homegrown Tea

An Illustrated Guide to Planting, Harvesting, and Blending Teas and Tisanes

St. Martin's Griffin **Homegrown Tea** explains how to grow a large variety of plants in your own garden, on a balcony or even on a window sill could become your tea cupboard. It shows you how to grow your tea from seeds, cuttings, or small plants, as well as which parts of the plant are used to make tea. Liversidge lays out when and how to harvest your plants, as well as information on how to prepare the plant, including how to dry tea leaves to make tea you can store to last you throughout the year. As a guide to using tea to make you feel better, there are nutritional and medicinal benefits. Finally, there is an illustrated guide to show how to make up fresh and dried teabags and how to serve a delicious homegrown tea. It is sustainable way to look at a beverage, which is steeped in history and tradition. Sample drinks include well-known plants such as rose hips, mint, sage, hibiscus, and lavender, as well as more obscure ones like chicory, angelica, apple geranium, and lemon verbena.