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**Naledi - His Love Almost Human The Astonishing Tale of Homo Naledi and the Discovery That Changed Our Human Story National Geographic Books** *This first-person narrative about an archaeological discovery is rewriting the story of human evolution. A story of defiance and determination by a controversial scientist, this is Lee Berger's own take on finding Homo naledi, an all-new species on the human family tree and one of the greatest discoveries of the 21st century. In 2013, Berger, a National Geographic Explorer-in-Residence, caught wind of a cache of bones in a hard-to-reach underground cave in South Africa. He put out a call around the world for petite collaborators—men and women small and adventurous enough to be able to squeeze through 8-inch tunnels to reach a sunless cave 40 feet underground. With this team of "underground astronauts," Berger made the discovery of a lifetime: hundreds of prehistoric bones, including entire skeletons of at least 15 individuals, all perhaps two million years old. Their features combined those of known prehomnids like Lucy, the famous Australopithecus, with those more human than anything ever before seen in prehistoric remains. Berger's team had discovered an all new species, and they called it Homo naledi. The cave quickly proved to be the richest prehomnoid site ever discovered, full of implications that shake the very foundation of how we define what makes us human. Did this species come before, during, or after the emergence of Homo sapiens on our evolutionary tree? How did the cave come to contain nothing but the remains of these individuals? Did they bury their dead? If so, they must have had a level of self-knowledge, including an awareness of death. And yet those are the very characteristics used to define what makes us human. Did an equally advanced species inhabit Earth with us, or before us? Berger does not hesitate to address all these questions. Berger is a charming and controversial figure, and some colleagues question his interpretation of this and other finds. But in these pages, this charismatic and visionary paleontologist counters their arguments and tells his personal story: a rich and readable narrative about science, exploration, and what it means to be human. **Hlomu the Wife** Hlomu the wife is essentially a love story that takes its cues from life in a South African township. A young woman named Mahlomu meets Mqhele Zulu and they fall in love. Even though aspects of Mqhele's personality and past make her uncomfortable, Hlomu is happy. Their love is strong and they stand by each other through good and bad. But Mqhele and his seven brothers have a dark and tumultuous past that involves a dead warlord father, mob justice, and lots of unaccounted-for money. The Zulu brothers are rich, handsome, powerful and dangerous. They eventually become one of the wealthiest and most powerful families in Johannesburg - but the inherent danger remains. **Naledi His Love** The epic love story centered on eight Zulu men, whose surname is Zulu, continues, Naledi his love, focuses on Qhawe and the woman he comes to love, Naledi. She like Hlomu and Zandile comes to understand that loving one of the Zulu brothers means loving all of his dark and tumultuous past and as much as she will enjoy the trappings that comes with being the wife of one of those rich, handsome, powerful and dangerous men. she also has to accept and live with the inherent danger that remains. **This Book Betrays My Brother Mawenzi House/Tsar Publishers Fiction.** *Women's Studies. LGBTQIA Studies. What does a teenage girl do when she sees her beloved older brother commit a horrific crime? Should she report to her parents, or should she keep quiet? Should she confront him? All her life, Naledi has been in awe of Basi, her charming and outgoing older brother. They've shared their childhood, with its jokes and secrets, the alliances and stories about the community. Having reached thirteen, she is preparing to go to the school dance. Then she sees Basi commit an act that violates everything she believes about him. How will she live her life now? This coming-of-age novel brings together many social issues, peculiar not only to South Africa but elsewhere as well, in the modern world. **The Heavens May Fall Spinifex Press** This legal thriller offers an insider's perspective on the triumphs and failures of the law. After taking up the case of an assaulted teenager, an up-and-coming lawyer must face manipulative opponents and an unreliable judge to fight for what she believes is right. An uncompromising exposé on the ways in which the law can sometimes fail, this novel acts as a homage to the sights and sounds of everyday life in Botswana. **Bantu Knots Journey to Jo'burg Longman** Separated from their mother by the harsh social and economic conditions prevalent among blacks in South Africa, thirteen-year-old Naledi and her younger brother make a journey of over 300 kilometers to find her in Johannesburg. **A Princess in Theory Reluctant Royals HarperCollins** From acclaimed author Alyssa Cole comes the tale of a city Cinderella and her Prince Charming in disguise. . . . Between grad school and multiple jobs, Naledi Smith doesn't have time for fairy tales...or patience for the constant e-mails claiming she's betrothed to an African prince. Sure. Right. Delete! As a former foster kid, she's learned that the only things she can depend on are herself and the scientific method, and a silly e-mail won't convince her otherwise. Prince Thabiso is the sole heir to the throne of Thesolo, shouldering the hopes of his parents and his people. At the top of their list? His marriage. Ever dutiful, he tracks down his missing betrothed. When Naledi mistakes the prince for a pauper, Thabiso can't resist the chance to experience life—and love—without the burden of his crown. The chemistry between them is instant and irresistible, and flirty friendship quickly evolves into passionate nights. But when the truth is revealed, can a princess in theory become a princess ever after? Selected as one of the New York Times 100 Notable Books of 2018! **Zandile the Resolute** Zandile the resolute continues the story of the eight Zulu brothers. Rich, handsome, powerful, dangerous and the wealthiest and most powerful families in Johannesburg, Zandile is the wife of the first brother Nkosana, their love story is like a South African township Romeo and Juliet, their families hate each other but their love is so strong, it endures all the hatred, the deaths and even prison time. **The Last Stop The Curse of Cash How Large-Denomination Bills Aid Crime and Tax Evasion and Constrain Monetary Policy Princeton University Press** “A brilliant and lucid new book” (John Lanchester, New York Times Magazine) about why paper money and digital currencies lie at the heart of many of the world's most difficult problems—and their solutions In *The Curse of Cash*, acclaimed economist and bestselling author Kenneth Rogoff explores the past, present, and future of currency, showing why, contrary to conventional economic wisdom, the regulation of paper bills—and now digital currencies—lies at the heart some of the world's most difficult problems, but also their potential solutions. When it comes to currency, history shows that the private sector often innovates but eventually the government regulates and appropriates. Using examples ranging from the history of standardized coinage to the development of paper money, Rogoff explains why the cryptocurrency boom will inevitably end with dominant digital currencies created and controlled by governments, regardless of what Bitcoin libertarians want. Advanced countries still urgently need to stem the global flood of large paper bills—the vast majority of which serve no legitimate purpose and only enable tax evasion and other crimes—but cryptocurrencies are like \$100 bills on steroids. *The Curse of Cash* is filled with revealing insights about many of the most pressing issues facing monetary policymakers, from quantitative easing to alternative inflation targeting regimes. It also explains in detail why, if low interest rates persist, the best way to reinvigorate monetary policy is to implement fully effective and unconstrained negative interest rates. Provocative, engaging, and backed by compelling original arguments and evidence, *The Curse of Cash* has sparked widespread debate and its ideas have moved to the center of financial and policy discussions. **On Teaching Evolution** *On Teaching Evolution* is written by veteran classroom teachers, members of the Teacher Institute for Evolutionary Science, who have tackled the topic of evolution in their classroom for decades. Each teacher will describe how they came to love teaching evolution to their students. They will offer their best advice and lessons for their fellow science teachers. **Lucy's Legacy The Quest for Human Origins Broadway Books** *Reconsiders the questions of evolution made in the wake of the stunning discovery of a 3.2 million year-old female skeleton known as Lucy, a new and transitional species placed somewhere between apes and humans that would forever change the way scientists think about human origins. **Unmarried Wife East African Educ Press** A complex social web forms the backdrop to this novel - the story of a man and two wives, one legally married to him, the other not. There is mounting pressure from a prying society with its norms on the one hand, and the pressures of the unmarried wife on the other. The story tells of the search for inner peace in an often sententious and inward-looking society. **The Dressmaker of Khair Khana Five Sisters, One Remarkable Family, and the Woman Who Risked Everything to Keep Them Safe Harper Collins** *The New York Times* bestseller, written by a former reporter for ABC News, that *People* magazine called “a transporting, enlightening book” tells the story of a fearless young entrepreneur who brought hope to the lives of dozens of women in war-torn Afghanistan Former ABC journalist Gayle Tzemach Lemmon tells the riveting true story of Kamila Sidiqi and other women of Afghanistan in the wake of the Taliban's fearful rise to power. In what Greg Mortenson, author of *Three Cups of Tea*, calls “one of the most inspiring books I have ever read,” Lemmon recounts with novelistic vividness the true story of a fearless young woman who not only reinvented herself as an entrepreneur to save her family but, in the face of ferocious opposition, brought hope to the lives of dozens of women in war-torn Kabul. **World Report 2022 Events of 2021 Seven Stories Press** The best country-by-country assessment of human rights. The human rights records of more than ninety countries and territories are put into perspective in *Human Rights Watch's* signature yearly report. Reflecting extensive investigative work undertaken by Human Rights Watch staff, in close partnership with domestic human rights activists, the annual *World Report* is an invaluable resource for journalists, diplomats, and citizens, and is a must-read for anyone interested in the fight to protect human rights in every corner of the globe. **The Virgin Game Plan Lauren Blakely Books** A forbidden romance with the coach's daughter wasn't part of my game plan. The woman I want is as off-limits as they come. I had an excuse two years ago when I met her on campus. She interviewed me for a story on major league baseball's rising stars, and we shared a hot, passionate night that ended far too soon, and without a mention of who her father was. Now I know the innocent but sexy woman I can't stop thinking about is the coach's daughter. That means her dad is the guy who determines if I bat fourth in the starting lineup in every game, or ride the bench. All the more reason to resist alluring, confident, brainy Reese every time I run into the reporter-turned-sports publicist. That ought to be easy enough, until the time she confesses she's still carrying her V card, and she's been wanting me to cash it in since the day we met. Staying away from her is going to be harder than resisting a fastball down the middle. Especially since I'm pretty sure she's the one who got away, and letting her slip through my fingers again would be a rookie mistake. **The Inside Book** Why are we stuck inside? It's so Boring!? Or is it? **Things Fall Apart Penguin UK** Okonkwo is the greatest warrior alive, famous throughout West Africa. But when he accidentally kills a clansman, things begin to fall apart. Then Okonkwo returns from exile to find missionaries and colonial governors have arrived in the village. With his world thrown radically off-balance he can only hurtle towards tragedy. Chinua Achebe's stark novel reshaped both African and world literature. This arresting parable of a proud but powerless man witnessing the ruin of his people begins Achebe's landmark trilogy of works chronicling the fate of one African community, continued in *Arrow of God* and *No Longer at Ease*. **Zulu Wedding** Feisty choreographer, Lou 'Lungile', will do anything to avoid falling in love. Even more to avoid going home to South Africa, where she's traditionally engaged to a king. However, when she meets her soulmate Tex she is forced to confront the tradition she's been running away from. -- bookseller's description. **Tears of the Giraffe Anchor** Fans around the world adore the bestselling No. 1 *Ladies' Detective Agency* series and its proprietor, Precious Ramotswa, Botswana's premier lady detective. In this charming series, Mma Ramotswa—with help from her loyal associate, Grace Makutsi—navigates her cases and her personal life with wisdom, good humor, and the occasional cup of tea. Precious Ramotswa is the eminently sensible and cunning proprietor of the only ladies' detective agency in Botswana. In *Tears of the Giraffe* she tracks a wayward wife, uncovers an unscrupulous maid, and searches for an American man who disappeared into the plains many years ago. In the midst of resolving uncertainties, pondering her impending marriage to a good, kind man, Mr. J. L. B. Matekoni, and the promotion of her talented secretary (a graduate of the Botswana Secretarial College, with a mark of 97 per cent), she also finds her family suddenly and unexpectedly increased by two. **Dream Street Anne Schwartz Books** NAMED ONE OF THE BEST CHILDREN'S BOOKS OF THE YEAR BY THE NEW YORK TIMES • FIVE STARRED REVIEWS Visit a truly special street bursting with joy, hope, and dreams. Inspired by the neighborhood where they grew up as cousins, this***

gorgeous picture book from an award-winning illustrator and critically acclaimed author is the perfect gift or keepsake for every generation. Welcome to Dream Street--the best street in the world! Jump rope with Azaria--can you Double Dutch one leg at a time? Dream big with Ede and Tari, who wish to create a picture book together one day. Say hello with Mr. Sidney, a retired mail carrier who greets everyone with the words, "Don't wait to have a great day. Create one!" On Dream Street, love between generations rules, everyone is special, and the warmth of the neighborhood shines. A magical story from the critically acclaimed author of Nana Akua Goes to School and a Caldecott Honor and Coretta Scott King Award winning illustrator. Illuminating this vivid cast of characters are vibrant, joyful illustrations that make this neighborhood--based on the Roxbury neighborhood in Boston where the author and illustrator grew up together as cousins--truly sing. This book is a perfect way for parents to share with their children the importance of community. **Not Just Another Interlude The Last Laugh HarperCollins** In the dark and stunning sequel to *The Initial Insult*, award-winning author Mindy McGinnis concludes this suspenseful YA duology as long-held family secrets finally come to light . . . changing Amontillado forevermore. Perfect for fans of *Truly Devious* and *Sadie!* Tress Montor murdered Felicity Turnado—but she might not have to live with the guilt for long. With an infected arm held together by duct tape, the panther who clawed her open on the loose, and the whole town on the hunt for the lost homecoming queen, the odds are stacked against Tress. As her mind slides deeper into delirium, Tress is haunted by the growing sound of Felicity's heartbeat pulsing from the "best friend" charm around her fevered neck. Ribbit Usher has been a punchline his whole life—from his nickname to his latest turn as the unwitting star of a humiliating viral video. In the past he's willingly played the fool, but now it's time to fulfill his destiny. That means saving the girl, so that Felicity can take her place at his side and Ribbit can exact revenge on all who have done him wrong—which includes his cousin, Tress. Ribbit is held by a pact he made with his mother long ago, a pact that must be delivered upon in four days. With time ticking down and an enemy she considers a friend lurking in the shadows, Tress's grip on reality is failing. Can she keep both mind and body together long enough to finally find out what happened to her parents? \* Junior Library Guild selection \* **Neither Friend Nor Foe The Future of U.S.-Turkey Relations Council on Foreign Relations Press** The strategic relationship between the United States and Turkey is over. While Turkey remains formally a NATO ally, it is not a partner of the United States. The United States should not be reluctant to oppose Turkey directly when Ankara undermines U.S. policy. **Nomaswazi** "Dumped at the altar, shame and the bitter taste of rejection drive a teenage girl from the sheltered rural lands of Swaziland to the hard streets of Johannesburg. Forsaking the riches of her former life, she manages to build herself up from bar tending to the respectable offices of a reputable law firm. Her tranquility is shattered when the same arrogant devil who almost drove her to suicide through his rejection, comes back into her life, claiming and marking her as his wife. Nomaswazi is forced to come back home a prodigal daughter when her father's health takes a turn for the worst. Her father had always cocooned her from the harsh truths of her birth but even he couldn't protect her from the revelations which awaited her in the rustic hills of Maphalaleni. Her character is tested again and again, the only person she is left to rely on is the charcoal eyed devil who left her reeling."-- **Lone Survivors How We Came to Be the Only Humans on Earth Macmillan** A leading researcher on human evolution proposes a new and controversial theory of how our species came to be In this groundbreaking and engaging work of science, world-renowned paleoanthropologist Chris Stringer sets out a new theory of humanity's origin, challenging both the multiregionalists (who hold that modern humans developed from ancient ancestors in different parts of the world) and his own "out of Africa" theory, which maintains that humans emerged rapidly in one small part of Africa and then spread to replace all other humans within and outside the continent. Stringer's new theory, based on archeological and genetic evidence, holds that distinct humans coexisted and competed across the African continent—exchanging genes, tools, and behavioral strategies. Stringer draws on analyses of old and new fossils from around the world, DNA studies of Neanderthals (using the full genome map) and other species, and recent archeological digs to unveil his new theory. He shows how the most sensational recent fossil findings fit with his model, and he questions previous concepts (including his own) of modernity and how it evolved. **Lone Survivors** will be the definitive account of who and what we were, and will change perceptions about our origins and about what it means to be human. **The Dark Missions of Edgar Brim Tundra Books** Edgar Brim is a sensitive orphan who, exposed to horror stories from his father as a young child, is afraid of almost everything and suffers from nightly terrors. His stern new guardian, Mr. Thorne, sends the boy to a gloomy school in Scotland where his dark demons only seem to worsen and he is bullied and ridiculed for his fears. But years later, when sixteen-year-old Edgar finds a journal belonging to his novelist father, he becomes determined to confront his nightmares and the bullies who taunt him. After the horrific death of a schoolmate, Edgar becomes involved with an eccentric society at the urging of a mysterious professor who believes that monsters from famous works of literature are real and whose mandate is to find and destroy these creatures. With the aid of a rag-tag crew of friends, the fear-addled teen sets about on his dark mission, one that begins in the cemetery on the bleak Scottish moors and ends in a spine-chilling climax on the stage of the Royal Lyceum Theatre in London with Henry Irving, the infamous and magnetic actor, and his manager, Bram Stoker, the author of the most frightening and sensational novel of the day, *Dracula*. Can Edgar Brim truly face his terror and conquer his fears? **When the Emperor Was Divine Anchor** From the bestselling, award-winning author of *The Buddha in the Attic*, this commanding debut novel paints a portrait of the Japanese incarceration camps that is both a haunting evocation of a family in wartime and a resonant lesson for our times. On a sunny day in Berkeley, California, in 1942, a woman sees a sign in a post office window, returns to her home, and matter-of-factly begins to pack her family's possessions. Like thousands of other Japanese Americans they have been reclassified, virtually overnight, as enemy aliens and are about to be uprooted from their home and sent to a dusty incarceration camp in the Utah desert. In this lean and devastatingly evocative first novel, Julie Otsuka tells their story from five flawlessly realized points of view and conveys the exact emotional texture of their experience: the thin-walled barracks and barbed-wire fences, the omnipresent fear and loneliness, the unheralded feats of heroism. When the Emperor Was Divine is a work of enormous power that makes a shameful episode of our history as immediate as today's headlines. Don't miss Julie Otsuka's new novel, *The Swimmers*, coming in February 2022! **Walking Fossil Men The Quest for the Oldest Skeleton and the Origins of Humankind HarperCollins** "Riveting. ... Pattison's uncanny ability [is] to write evocatively about science. ... In this, he is every bit as good as the best scientist writers." —New York Times Book Review (Editors' Choice) "Brilliant. ... A work of staggering depth." —Minneapolis Star Tribune A decade in the making, *Fossil Men* is a scientific detective story played out in anatomy and the natural history of the human body: the first full-length account of the discovery of a startlingly unpredicted human ancestor more than a million years older than Lucy It is the ultimate mystery: where do we come from? In 1994, a team led by fossil-hunting legend Tim White uncovered a set of ancient bones in Ethiopia's Afar region. Radiometric dating of nearby rocks indicated the resulting skeleton, classified as *Ardipithecus ramidus*—nicknamed "Ardi"—was an astounding 4.4 million years old, more than a million years older than the world-famous "Lucy." The team spent the next 15 years studying the bones in strict secrecy, all while continuing to rack up landmark fossil discoveries in the field and becoming increasingly ensnared in bitter disputes with scientific peers and Ethiopian bureaucrats. When finally revealed to the public, Ardi stunned scientists around the world and challenged a half-century of orthodoxy about human evolution—how we started walking upright, how we evolved our nimble hands, and, most significantly, whether we were descended from an ancestor that resembled today's chimpanzee. But the discovery of Ardi wasn't just a leap forward in understanding the roots of humanity—it was an attack on scientific convention and the leading authorities of human origins, triggering an epic feud about the oldest family skeleton. In *Fossil Men*, acclaimed journalist Kermit Pattison brings us a cast of eccentric, obsessive scientists, including White, an uncompromising perfectionist whose virtuoso skills in the field were matched only by his propensity for making enemies; Gen Suwa, a Japanese savant whose deep expertise about teeth rivaled anyone on Earth; Owen Lovejoy, a onetime creationist-turned-paleoanthropologist with radical insights into human locomotion; Berhane Asfaw, who survived imprisonment and torture to become Ethiopia's most senior paleoanthropologist; Don Johanson, the discoverer of Lucy, who had a rancorous falling out with the Ardi team; and the Leakeys, for decades the most famous family in paleoanthropology. Based on a half-decade of research in Africa, Europe and North America, *Fossil Men* is not only a brilliant investigation into the origins of the human lineage, but the oldest of human emotions: curiosity, jealousy, perseverance and wonder. **The Youth Book A Directory of South African Youth Organisations, Service Providers and Resource Material** The object of this publication is to provide youth, as well as people and organizations involved and interested in youth-related issues, with a comprehensive source of information on South African young organizations and related relevant issues. **The Elevator Kiss A Family Affair** Family is complicated ... Meet the Mafus, a close-knit, traditional family with three daughters. As leaders of their church, The Kingdom of God, Pastor Abraham and his wife Phumla are guiding the community of Bulawayo in faith, while trying to keep the different branches of their family intact. Independent and feisty Xoliswa returns home, after a hiatus abroad, hoping for a fresh start and a chance to steer the family business; rebellious Yandisa has met the love of her life and is finally getting her act together; while dutiful newlywed Zandile is slowly becoming disillusioned with her happily ever after. The Mafus always present a united front, but as their personal lives unravel, devastating secrets are revealed that threaten to tear the family apart. For how long will they be able to hide behind the façade of a picture **Chain of Fire Penguin UK** Set in South Africa at the height of the apartheid regime, when the government started a policy of ethnic cleansing, forcibly removing people from their homes and moving them to so-called 'homelands'. Schoolchildren Naledi and Tiro are caught up in the protests and resistance as they and their grandmother are threatened with removal from their village. Protestors are arrested and beaten, but still people fight on. Freedom lies at the end of a long road. **Weightless Createspace Independent Publishing Platform** I remember the lights. I remember I wanted to photograph them, the way the red and blue splashed across his cold, emotionless face. But I knew even if my feet could move from the place where they had cemented themselves to the ground and I could run for my camera, I wouldn't be able to capture that moment. I had trusted him, I had loved him, and even though my body had changed that summer, he'd made sure to help me hold on to who I was inside, regardless of how the exterior altered. But then everything changed. He stole my innocence. He scarred my heart. He took everything I thought I knew about my life and fast-pitched it out the window, shattering the glass that held my world together in the process. I remember the lights. The passionate, desperate, hot strikes of red. The harsh, cruel, icy bolts of blue. They symbolized everything I endured that summer. And everything I would never face again. **The Next Step Exponential Life Bbva-Open Mind** The Next Step: Exponential Life presents essays on the potential of what are known as "exponential technologies"—those whose development is accelerating rapidly, such as robotics, artificial intelligence or industrial biology--considering their economic, social, environmental, ethical and even ontological implications. This book's premise is that humanity is at the beginning of a technological revolution that is evolving at a much faster pace than earlier ones--a revolution is so far-reaching it is destined to generate transformations we can only begin to imagine. Contributors include Aubrey D.N.J. de Grey, Jonathan Rossiter, Joseph A. Paradiso, Kevin Warwick, Huma Shah, Ramón López de Mántaras, Helen Papagiannis, Jay David Bolter, Maria Engberg, Robin Hanson, Stuart Russell, Darrell M. West, Francisco González, Chris Skinner, Steven Monroe Lipkin, S. Matthew Liao, James Giordano, Luciano Floridi, Seán Ó Héigeartaigh and Martin Rees. **The Polygamist Carnelian Heart Publishing Limited** "The Polygamist weaves a tale of four women whose lives become intertwined when they all fall for wealthy banking magnate Jonasi. Seemingly indomitable, and oozing money, power and sex appeal, Jonasi is about to complicate all their lives forever"--P. [4] of cover. **How to Do Things with Emotions The Morality of Anger and Shame across Cultures Princeton University Press** An expansive look at how culture shapes our emotions—and how we can benefit, as individuals and a society, from less anger and more shame The world today is full of anger. Everywhere we look, we see values clashing and tempers rising, in ways that seem frenzied, aimless, and cruel. At the same time, we witness political leaders and others who lack any sense of shame, even as they display carelessness with the truth and the common good. In *How to Do Things with Emotions*, Owen Flanagan explains that emotions are things we do, and he reminds us that those like anger and shame involve cultural norms and scripts. The ways we do these emotions offer no guarantee of emotionally or ethically balanced lives—but still we can control and change how such emotions are done. Flanagan makes a passionate case for tuning down anger and tuning up shame, and he observes how cultures around the world can show us how to perform these emotions better. Through comparative insights from anthropology, psychology, and cross-cultural philosophy, Flanagan reveals an incredible range in the expression of anger and shame across societies. He establishes that certain types of anger—such as those that lead to revenge or passing hurt on to others—are more destructive than we imagine. Certain forms of shame, on the other hand, can protect positive values, including courage, kindness, and honesty. Flanagan proposes that we should embrace shame as a uniquely socializing emotion, one that can promote moral progress where undisciplined anger cannot. *How to Do Things with Emotions* celebrates the plasticity of our emotional responses—and our freedom to recalibrate them in the pursuit of more fulfilling lives.