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KEY=DOJO - GEMMA WERNER

Okinawan Martial Traditions: Te, Tode, Karate, Karatedo, Kobudo - Vol. 2.1

Via Media Publishing What would you like to obtain from your research and practice of an Okinawan martial art? For an academic, it would be to obtain historical and cultural facts and details. For a practitioner, it would be to gain expertise in the combative skills. If you're interested in both, this three-volume anthology (paperback) is assembled for your convenience to facilitate your endeavors. These volumes assemble a wealth of material originally published during the two decades when the Journal of Asian Martial Arts was in print. Hundreds of pages and photographs present the richness of Okinawan martial traditions, from the original combatives to those influenced by Chinese and mainland Japanese martial art styles. The variety of topics shown in the table of contents indicate the depth and breath in the chapters, along with the authors who are well-known for their meticulous research and practical skills in specific arts. These three volumes dive deep into the history and culture of Okinawan martial arts. You'll find coverage of the actual artifacts—the material culture related to weaponry and training methods. Instructions from the masters details both open-hand techniques as well as with weapons. The chapters offer insights the lives of many masters over the past few centuries, giving the *raison d'être* for these unique fighting arts—their reason for being. Many streams of arts have contributed to the martial traditions found on the small island: Naha-te, Shuri-te, Fukien White Crane, Shorin, Goju, Motobu, Shotokan, Isshin, Kyokushin, Pwang Gai Noon, Shito, Uechi, and the list continues... Along with the various styles come the associated training methods, such as conditioning exercises with weights and creatively designed apparatus, such as the punching post (makiwara), or stone lever and stone padlockshaped weights. Some become battle-hardened by active and passive breaking of objects (tameshiwari), including wooden boards, baseball bats, rocks, and ice. The extensive use of weaponry is found in many Okinawan styles, often associated with their farming and fishing occupations. Such a blend of history and culture make the Okinawan fighting traditions a fascinating field of study. Besides being such vital sources of information, these three volumes will prove enjoyable reading and permanent at-hand reference sources in your library.

Karate Dojo

Traditions and Tales of a Martial Art

Tuttle Publishing Learn the background of Japanese Karate along with the ins and outs of belonging to a dojo with this readable martial arts guide. The Japanese martial art of Karate is not only a means of self-defense; it is also a sport and a philosophy. The Karate Dojo: Traditions and Tales of a Martial Art examines each of these aspects—through the colorful legends, tales, and traditions that are associated with the art—and explains why educators and parents are becoming increasingly interested in karate. This karate book shows how karate training can change the lives of those who practice it, by giving them health, self-confidence, both physical and mental discipline, as well as calm maturity. This martial arts book includes information about: the dojo, the belt system, kata and jiu-kumite, potential and goals, famous dojo stories, Okinawan martial arts fighters, ninjutsu, and more!

Chinese Martial Arts

From Antiquity to the Twenty-First Century

Cambridge University Press In the global world of the twenty-first century, martial arts are practised for self-defense and sporting purposes only. However, for thousands of years, they were a central feature of military practice in China and essential for the smooth functioning of society. This book, which opens with an intriguing account of the very first female martial artist, charts the history of combat and fighting techniques in China from the Bronze Age to the present. This broad panorama affords fascinating glimpses into the transformation of martial skills, techniques and weaponry against the background of Chinese history, the rise and fall of empires, their governments and their armies. Quotations from literature and poetry, and the stories of individual warriors, infuse the narrative, offering personal reflections on prowess in the battlefield and techniques of engagement. This is an engaging and readable introduction to the authentic history of Chinese martial arts.

Encyclopedia of American Folklife

Routledge American folklife is steeped in world cultures, or invented as new culture, always evolving, yet often practiced as it was created many years or even centuries ago. This fascinating encyclopedia explores the rich and varied cultural traditions of folklife in America - from barn raisings to the Internet, tattoos, and Zydeco - through expressions that include ritual, custom, crafts, architecture, food, clothing, and art. Featuring more than 350 A-Z entries, "Encyclopedia of American Folklife" is wide-ranging and inclusive. Entries cover major cities and urban centers; new and established immigrant groups as well as native Americans; American territories, such as Guam and Samoa; major issues, such as education and intellectual property; and expressions of material culture, such as homes, dress, food, and crafts. This encyclopedia covers notable folklife areas as well as general regional categories. It addresses religious groups (reflecting diversity within groups such as the Amish and the Jews), age groups (both old age and youth gangs), and contemporary folk groups (skateboarders and psychobillies) - placing all of them in the vivid tapestry of folklife in America. In addition, this resource offers useful insights on folklife concepts through entries such as "community and group" and "tradition and culture." The set also features complete indexes in each volume, as well as a bibliography for further research.

Martial Arts Teaching Tales of Power and Paradox

Freeing the Mind, Focusing Chi, and Mastering the Self

Inner Traditions A collection of parables and teaching stories from the martial arts traditions of Japan and China that emphasizes their spiritual foundation. • The teaching stories in this book are based on the lives of martial arts masters and are meant to inspire questions and insights for the student. • Written for martial artists and anyone interested in Eastern religions such as Buddhism, Zen, and Taoism. True martial arts should never be confused with simple combat techniques. Rather, martial arts are a way that an individual, after a long and difficult apprenticeship, can gain a profound understanding of the true nature of reality and one's place in it. Over time the apprentice discovers the laws governing the subtle forces of life and realizes that their mastery is only possible after one has mastered oneself. "He who has mastered the Art doesn't use his sword: he compels his adversary to kill himself." This quote from renowned sword master Tajima no Kami perfectly expresses the paradoxical nature of martial arts teachings in China and Japan. These teaching stories are not moral fables; in fact they have nothing to prove. Their purpose is actually to inspire questions and insights that will aid the student to achieve self-realization. Most of the stories in this book are based on actual events in the lives of martial arts teachers who have achieved legendary status. The almost superhuman abilities of some of the masters described here are evidence of the secret powers that can be wielded by those whose martial arts training is not simply the learning of physical techniques but involves the mastering of the subtle energies of the mind and body. Master of the Art of Archery Kenzo Awa could hit the center of a target even when shooting in total darkness. Assailants of Tai Chi master Yang Lu Chan found their blows did more damage to themselves than to their would-be victim. By reading--and comprehending--the tales in this book, we can acquire the same essential knowledge that these masters had--that extraordinary forces are within the grasp of those who have achieved inner peace and self-mastery.

Fighting for Honor

The History of African Martial Arts in the Atlantic World

Univ of South Carolina Press A groundbreaking investigation into the migration of martial arts techniques across continents and centuries The presence of African influence and tradition in the Americas has long been recognized in art, music, language, agriculture, and religion. T. J. Desch-Obi explores another cultural continuity that is as old as eighteenth-century slave settlements in South America and as contemporary as hip-hop culture. In this thorough survey of the history of African martial arts techniques, Desch-Obi maps the translation of numerous physical combat techniques across three continents and several centuries to illustrate how these practices evolved over time and are still recognizable in African culture today. Some of these art traditions were part of African military training while others were for self-defense and spiritual discipline. Grounded in historical and cultural anthropological methodologies, Desch-Obi's investigation traces the influence of well-delineated African traditions on long-observed but misunderstood African and African American cultural activities in North America, Brazil, and the Caribbean. He links the Brazilian martial art capoeira to reports of slave activities recorded in colonial and antebellum North America. Likewise Desch-Obi connects images of the kalenda African stick-fighting techniques to the Haitian Revolution. Throughout the study Desch-Obi examines the ties

between physical mastery of these arts and changing perceptions of honor. Including forty-five illustrations, this rich history of the arrival and dissemination of African martial arts in the Atlantic world offers a new vantage for furthering our understanding of the powerful influence of enslaved populations on our collective social history.

Legends of the Martial Arts Masters

Tuttle Publishing Whether you're an inspiring black belt or just a fan of martial arts action, you'll enjoy this collection of twenty exciting stories about the great heroes of the martial arts. The stories include dramatic victories, wily strategies, and triumphs over long odds—from the great Tsukahara Bokuden's cunning defeat of a troublemaking samurai to Wing Chun's brave self-defense against a brutish warlord. Children can read about Robert Trias, known as the "father of American karate" and Miyamoto Musashi, known as the "greatest sword fighter in history" and the author of the bestselling *Book of Five Rings*. Filled with action and amazing feats of martial arts wizardry, *Legends of the Martial Arts Masters* will inspire readers with stories of courage, combat, and self-discovery. Stories include: *The General Fights a Bull* *The Great Wave* *The Hard Way to Find a Teacher* *The Three Sons* *The Style of No Sword* *A Bully Changes His Ways* *The Ballad of Mu-lan* *Twelve Warriors of Burma* *Wing Chun* *The Eighteen Hands* And many more...

Religion in Contemporary China

Revitalization and Innovation

Routledge Before the modernist transformations of the twentieth century, China had one of the richest and most diverse religious cultures in the world. The radical anti-traditionalist policies of both the Republican and Communist regimes as well as other socio-historical factors posed formidable challenges to China's religious traditions but, this book argues, these conditions also presented new opportunities for re-generation and innovation. It shows that economic reforms and the concurrent relaxation of religious policies have provided fertile ground for the revitalization of a wide array of religious practices, including divination, ancestor worship, temple festivals, spirit mediumism, churchgoing, funeral rites, exorcism, pilgrimages, sectarianism, sutra chanting, and the printing and distribution of morality books. Equally new forms of religious practices have emerged such as lay Buddhist preachers, "Maoist shamans", and a range of qigong sects/schools. Written by an international, interdisciplinary team of experts who have all conducted in-depth fieldwork research in China, this book provides a wide-ranging survey of contemporary religious practices in China. It examines the different processes and mechanisms of religious revivals and innovations, and, more broadly, relates the Chinese example of religious revitalization to larger issues of social and cultural continuity and change.

Mind Body Spirit

The Triangle of Life

iUniverse Do you know who you are? Do you know what you want from life? Can you control and channel your thoughts, actions and feelings? This book will help you answer these questions. -All you need to know-terminology, lore, philosophy and motivation-to succeed at Karate, and at Life. -Brings East and West together, taking the best from each. -Master a toolbox of techniques, such as meditation and visualization, that will help you along the way. -What to do before, during, and after class to maximize benefit-techniques that are applicable to any learning situation. -How to work on speed, balance, and power, but most of all control: control your punches, but also control your emotions to control your destiny. -Lessons you can really use-proven in the dojo and in the world! -You will learn about yourself from this book, and what you are made of. Achieve balance in the triangle of life-your Mind, Body & Spirit-in life as well in the martial arts. You will find ways to improve what you know about yourself, feel about yourself, and what you think about yourself.

Afro Asia

Revolutionary Political and Cultural Connections between African Americans and Asian Americans

Duke University Press With contributions from activists, artists, and scholars, *Afro Asia* is a groundbreaking collection of writing on the historical alliances, cultural connections, and shared political strategies linking African Americans and Asian Americans. Bringing together autobiography, poetry, scholarly criticism, and other genres, this volume represents an activist vanguard in the cultural struggle against oppression. *Afro Asia* opens with analyses of historical connections between people of African and of Asian descent. An account of nineteenth-century Chinese laborers who fought against slavery and colonialism in Cuba appears alongside an exploration of African Americans' reactions to and experiences of the Korean "conflict." Contributors examine the fertile period of Afro-Asian exchange that began around the time of the 1955 Bandung Conference, the first meeting of leaders from Asian and African nations in the postcolonial era. One assesses the relationship of two important 1960s Asian American activists to Malcolm X and the Black Panthers. Mao Ze Dong's 1963 and 1968 statements in support of black liberation are juxtaposed with an overview of the influence of Maoism on African American leftists. Turning to the arts, Ishmael Reed provides a brief account of how he met and helped several Asian American writers. A Vietnamese American spoken-word artist describes the impact of black hip-hop culture on working-class urban Asian American youth. Fred Ho interviews Bill Cole, an African American jazz musician who plays Asian double-reed instruments. This pioneering collection closes with an array of creative writing, including poetry, memoir, and a dialogue about identity and friendship that two writers, one Japanese American and the other African American, have performed around the United States. Contributors: Betsy Esch, Diane C. Fujino, royal hartigan, Kim Hewitt, Cheryl Higashida, Fred Ho, Everett Hoagland, Robin D. G. Kelley, Bill V. Mullen, David Mura, Ishle Park, Alexis Pate, Thien-bao Thuc Phi, Ishmael Reed, Kalamu Ya Salaam, Maya Almachar Santos, JoYin C. Shih, Ron Wheeler, Daniel Widener, Lisa Yun

Folktales and Fairy Tales: Traditions and Texts from around the World, 2nd Edition [4 volumes]

Traditions and Texts from around the World

ABC-CLIO Encyclopedic in its coverage, this one-of-a-kind reference is ideal for students, scholars, and others who need reliable, up-to-date information on folk and fairy tales, past and present. • Provides encyclopedic coverage of folktales and fairy tales from around the globe • Covers not only the history of the fairy tale, but also topics of contemporary importance such as the fairy tale in manga, television, pop music, and music videos • Brings together the study of geography, culture, history, and anthropology • Revises and expands an award-winning work to now include a full volume of selected tales and texts

The Greenwood Encyclopedia of Folktales and Fairy Tales

Greenwood Publishing Group Provides alphabetically arranged entries on folk and fairy tales from around the world, including information on authors, subjects, themes, characters, and national traditions.

Martial Arts of the World

An Encyclopedia of History and Innovation

ABC-CLIO This book is the most comprehensive and authoritative reference ever published on the wide range of martial arts disciplines practiced in cultures around the world. * Includes the scholarship of 67 expert, international contributors * Presents 30 images of martial arts in practice * Offers bibliographic lists at the end of each section pointing to further reading in print and online * Includes a comprehensive index in each volume

The Fairy Tale and Anime

Traditional Themes, Images and Symbols at Play on Screen

McFarland Over the last few decades, anime has consistently come into fruitful contact with themes, images and symbols associated with the fairy tale tradition. This critical text focuses on the ways in which fundamental principles of the fairy tale tradition are deployed, and hence come to manifest themselves narratively and cinematographically, in anime. Topics covered include modes of storytelling, aesthetics, as well as dramatic, ethical, psychological and social considerations. Of particular interest is the way in which allegorical commentaries on cultural and historical issues are illustrated in anime.

Sumo a Pocket Guide

Tuttle Publishing "One of the finest compact books on sumo today."—Sumo World Completely updated by the well known sumo authority David Shapiro, *Sumo: A Pocket Guide* describes the history, rules, rituals and techniques of sumo, the wrestlers' training and even their diets. Covering such topics as "life in the stables," "psychological warfare," and the "spoils of victory," this compact sumo guide brings to life this cultural pastime that is so much more than a sport. This volume also includes a list of stables and some of the best chanko-nabe restaurants in Tokyo. Shapiro brings to the updated edition many years of Japanese language, sumo research, and coverage. The result is a handy, up-to-date, and authoritative guide to sumo that provides everything one needs to understand, appreciate, and enjoy this fascinating sport.

The Dao in Action

Inspired Tales for Life

Fables entertain us, enlighten us, and guide us. We recognize ourselves in the characters, be they emperors, village girls, or singing frogs. They help us see our own weaknesses, strengths, and possibilities. Their lessons transcend time and culture, touching what it really means to be alive. These lean, concise fables illustrate that balance, the duality of yin and yang, always shifting, always in correction. They help us laugh at our human predicaments--and maybe even at ourselves.

Tales from the Easel

American Narrative Paintings from Southeastern Museums, Circa 1800-1950

University of Georgia Press *Tales from the Easel* features seventy full-color reproductions that convey the expressive, allusive powers of narrative painting. Though they range widely in subject and setting, all of the paintings gathered here are rendered in a representational, or realistic, style. Carrying moral, social, or patriotic messages, the paintings are meant to teach, enlighten, or inspire. Then again, the paintings can also tweak the very conventions that define them, with results that range from the delightfully idiosyncratic to the visionary. Thomas Hart Benton, Winslow Homer, Andrew Wyeth, and Jacob Lawrence are just some of the household names whose work appears in *Tales from the Easel*. Others, like Elihu Vedder and Lilly Martin Spencer, are less well known, but still vital to the development of narrative painting. While some of the artists, including George Caleb Bingham and Paul Cadmus, were classically trained, self-taught painters such as Carlos "Shiney" Moon and Thomas Waterman Wood are also represented. American rivers, cities, and battlefields are among the native surroundings shown in many of the paintings. However, artists also looked elsewhere for settings--to Europe, the Holy Land, or even some imagined realm. Charles C. Eldredge's essay discusses the rich and varied sources of American narrative painting--from literature and history to childhood and domestic life--and an essay by William Underwood Eiland provides a discussion of the southern tale-telling tradition. Artist biographies by Reed Anderson and Stephanie J. Fox appear opposite the paintings, adding further context. *Tales from the Easel*, a companion volume to the national touring exhibit of the same name is a stunning reminder of a tradition in American painting that has endured across two centuries and numerous art movements.

Black Belt

The oldest and most respected martial arts title in the industry, this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self-defense in the world - including techniques and strategies. In addition, Black Belt produces and markets over 75 martial arts-oriented books and videos including many about the works of Bruce Lee, the best-known marital arts figure in the world.

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Chinese Culture

Heinemann-Raintree Library Discusses Chinese culture, focusing on its traditions, visual arts, performing arts, religion, and daily life.

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Encyclopedia of American Folklife

Offers approximately 270 essays on topics in American folklife as diverse as chain letters, the Internet, Little Havana, fans of heavy metal music, Wiccans, and zydeco.

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Folklore

An Encyclopedia of Beliefs, Customs, Tales, Music, and Art

ABC-CLIO Designed for students, scholars, and general readers, this work focuses on folklore forms and methods from a cross-cultural, theoretical perspective. * Entries are cross referenced, and each includes a select bibliography to serve as a guide to in depth research

A Dictionary of Film Studies

OUP Oxford Written by experts in the field, this dictionary covers all aspects of film studies, including terms, concepts, debates, and movements in film theory and criticism, national, international and transnational cinemas, film history, film movements and genres, film industry organizations and practices, and key technical terms and concepts in 500 detailed entries. Most entries also feature recommendations for further reading and a large number also have web links. The web links are listed and regularly updated on a companion website that complements the printed book. The dictionary is international in its approach, covering national cinemas, genres, and film movements from around the world such as the Nouvelle Vague, Latin American cinema, the Latsploitation film, Bollywood, Yiddish cinema, the spaghetti western, and World cinema. The most up-to-date dictionary of its kind available, this is a must-have for all students of film studies and ancillary subjects, as well as an informative read for cinephiles and for anyone with an interest in films and film criticism.

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Karate's History & Traditions

Tuttle Publishing A classic text treasured by martial artists for over twenty years, *Karate's History & Traditions* was long recognized as the most authoritative source on martial arts history and technique. Now Bruce Haines, historian and martial artist, has updated this rich source to reflect changes that have taken place in the last two decades. This detailed but well-rounded martial arts guide covers the history of the Asian fighting arts from antiquity to modern times, answering many of the questions currently being debated by martial artists around the world. Each chapter describes the fighting arts of masters in many areas, including: Okinawa Japan China India Indonesia Malaysia Thailand Cambodia Vietnam Korea The Philippines Undertaking years of arduous research using the most reliable historical data, Haines has filled in many of the gaps in the histories of the fighting arts and has proven false many popular myths.

The Weaponless Warriors

Black Belt Communications History of Okinawan karate and its growth, told through vignettes about its most famous practitioners.

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The Daoist Tradition

An Introduction

Bloomsbury Publishing Using a historical, textual and ethnographic approach, this is the most comprehensive presentation of Daoism to date. In addition to revealing the historical contours and primary concerns of Chinese Daoists and Daoist communities, *The Daoist Tradition* provides an account of key themes and defining characteristics of Daoist religiosity, revealing Daoism to be a living and lived religion. Exploring Daoism from a comparative religious studies perspective, this book gives the reader a deeper understanding of religious traditions more broadly. Beginning with an overview of Daoist history, *The Daoist Tradition* then covers key elements of Daoist worldviews and major Daoist practices. This is followed by a discussion of the importance of place and sacred sites as well as representative examples of material culture in Daoism. The work concludes with an overview of Daoism in the modern world. The book includes a historical timeline, a map of China, 25 images, a glossary, text boxes, suggested reading and chapter overviews. A companion website provides both student and lecturer resources: <http://www.bloomsbury.com/the-daoist-tradition-9781441168733/>

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Living the Martial Way

A Manual for the Way a Modern Warrior Should Think

Barricade Books Incorporated A step-by-step approach to applying the Japanese warriors mind set to martial training and daily life.

KARATE-DO: Traditional Training for All Styles, 2Ed

Lulu.com Karate-do evolved as a martial art in Okinawa, where it was nurtured by centuries of Okinawan culture and innovation. What inspired the ancient masters to develop these martial techniques and practices was the human instinct for self-preservation, not a desire for entertainment or sporting competition. Traditional Karate-do should be practiced with this in mind. Here you will find a complete personal training handbook to supplement training in any Karate-do system or other martial art style. This 2nd Edition is fully revised and greatly expanded. Features include martial philosophy, theory and practice; optimizing nutrition; physical training; and strategic studies. Bruce Lee advised all martial artists to absorb what is useful and every martial artist will find something of value here. The authors sincerely hope this book will inspire you to train even more diligently, and that the experiences and research shared here will be useful on your lifelong journey as a martial artist.

The Tale of Genji

A Japanese Classic Illuminated

Metropolitan Museum of Art With its vivid descriptions of courtly society, gardens, and architecture in early eleventh-century Japan, *The Tale of Genji*—recognized as the world's first novel—has captivated audiences around the globe and inspired artistic traditions for one thousand years. Its female author, Murasaki Shikibu, was a diarist, a renowned poet, and, as a tutor to the young empress, the ultimate palace insider; her monumental work of fiction offers entry into an elaborate, mysterious world of court romance, political intrigue, elite customs, and religious life. This handsomely designed and illustrated book explores the outstanding art associated with *Genji* through in-depth essays and discussions of more than one hundred works. *The Tale of Genji* has influenced all forms of Japanese artistic expression, from intimately scaled albums to boldly designed hanging scrolls and screen paintings, lacquer boxes, incense burners, games, palanquins for transporting young brides to their new homes, and even contemporary manga. The authors, both art historians and *Genji* scholars, discuss the tale's transmission and reception over the centuries; illuminate its place within the history of Japanese literature and calligraphy; highlight its key episodes and characters; and explore its wide-ranging influence on Japanese culture, design, and aesthetics into the modern era. p.p1 {margin: 0.0px 0.0px 0.0px 0.0px; font: 14.0px Verdana}

Complete Wing Chun

The Definitive Guide to Wing Chun's History and Traditions

Tuttle Publishing Master the many styles of Wing Chun Kung Fu with this expert martial arts guide. With the fame of Bruce Lee, the conditions in Hong Kong, and the hard work and effort of many of his classmates, the Wing Chun of the late master Yip Man became one of the most well-known and popular Chinese martial arts in the world. Although this gave Wing Chun international recognition, it also led to a lot of misconceptions. Due to a lack of authentic information, many mistakenly came to assume that the renowned Yip Man was the sole inheritor of the style and that his Wing Chun was the lone version of the art. In fact, there are several different and distinct systems of Wing Chun. Unfortunately, over the years most of these systems have remained unseen or unreported to all but a few—until now. Profusely illustrated with over 300 historical photographs, *Complete Wing Chun: The Definitive Guide to Wing Chun's History and Traditions* presents seldom seen information on a dozen branches of the Wing Chun art. It offers the reader side-by-side comparison of these arts by outlining each system in terms of Wing Chun history, principles, basics, and training methods: Yip Man Wing Chun Yuen Kay-San Wing Chun Kuen Gu Lao Wing Chun Kuen Nanyang Wing Chun Kuen Pan Nam Wing Chun Kuen Pao Fa Lien Wing Chun Kuen Hung Suen Wing Chun Kuen and more!

Indigenous Sports History and Culture in Asia

Routledge This is the first book in English that adopts a critical socio-historical perspective to examine the important themes and challenges of Asian indigenous culture and sport. Written by leading sport historians and scholars, the chapters in the book contain real-life case studies and comparative studies in Asian sport. The book examines the history, contemporary governance and management, gender, and ethnic issues embedded in folk sports and physical culture, and the challenges faced by Asian indigenous sports and their evolution. Based on cutting-edge research from China, Japan, Korea, Israel and beyond, this book will be a valuable addition to any course in sport history, sport culture, sport development and sport sociology. It will stimulate those who are seeking ways to promote and develop indigenous sports, from intangible cultural heritage protection to global sport partnership. It will also be of interest to students, researchers, and practitioners, who wish to understand the changing face of Asian society and Asian indigenous sport. The chapters in this book were originally published as a special issue of *The International Journal of the History of Sport*.

The Encyclopedia of Japanese Horror Films

Rowman & Littlefield The Encyclopedia of Japanese Horror Films covers virtually every horror film made in Japan from the past century to date. In addition to entries on productions, both major and modest, this encyclopedia also includes entries for notable directors, producers, and actors. Each film entry includes comprehensive details, situates the film in the context and history of Japanese horror cinema, and includes brief suggestions for further reading. Although emphasizing horror as a general theme, this encyclopedia also encompasses other genres that are associated with this theme, including Comedy Horror, Science Fiction Horror, Cyber-punk Horror, Ero Guru (Erotic Grotesque), and Anime Horror. The Encyclopedia of Japanese Horror Films is a comprehensive reference volume that will appeal to both cinema scholars as well as to the many fans of this popular genre.

An Amorous History of the Silver Screen

Shanghai Cinema, 1896-1937

University of Chicago Press Illustrating the cultural significance of film and its power as a vehicle for social change, this book reveals the intricacies of the cultural movement and explores its connections to other art forms such as photography, drama, and literature.

Deadly Karate Blows

The Medical Implications

Action Pursuit Group The most authoritative and respected book in its field has been completely revised and updated. A team of medical experts and martial artists devoted three years to researching and compiling an accurate, detailed report of the injury potential of karate strikes.